KALINGA UNIVERSITY
RAIPUR | INDIA

Sustainable Development Goal Report



SDG 03: Good Health And Well Being

Year: 2025

Dashboard regarding SDG - 3	Count
SDG 03 Related Publications (2024-25)	178
Cumulative SDG 03 Related Publications	317
Citation Count	432
Field-Weighted Citation Impact (FWCI)	0.4
Proportion of Health Graduates	18%
MoUs (Collaborations and Health Services)	08
Health and Community Outreach Activities	11
Sports related Activities	15

Kalinga University, Naya Raipur, India is committed to advancing Sustainable Development Goal 3 (Good Health and Well-Being) through its multidisciplinary academic programs, research initiatives, innovation activities, and community engagement. The University's Faculties of Arts & Humanities, Law, Science, Education, Pharmacy, Technology, Commerce & Management, and Computer Science & Information Technology actively contribute to promoting health, wellness, and quality of life through education, research, and societal outreach.

The University places strong emphasis on research and development in key health-related domains, including public health, clinical and allied health sciences, biomedical research, mental health and well-being, physical rehabilitation, healthcare technologies, disease prevention, nutrition, and holistic wellness practices. Faculty members, research scholars, and students undertake interdisciplinary research projects, consultancy assignments, publications, and innovation-driven activities that address contemporary healthcare challenges and support evidence-based solutions for improving community health outcomes. Research findings are disseminated through journals, conferences, patents, workshops, and collaborative projects with academic, industrial, healthcare, and government organizations.

Under the guidance of the Dean of Student Welfare, the National Service Scheme (NSS) serves as a vital platform for community outreach and health promotion. NSS volunteers regularly organize health awareness campaigns, blood donation drives, sanitation and hygiene programs, nutrition awareness activities, yoga and fitness sessions, mental health awareness initiatives, vaccination awareness drives, and rural health outreach programs. These initiatives foster health consciousness, preventive healthcare practices, and social responsibility among students and local communities.

The University also conducts seminars, workshops, expert lectures, health camps, wellness programs, and awareness campaigns to promote physical, mental, and social well-being. Through the integration of research, innovation, education, and extension activities, Kalinga University actively contributes towards the achievement of United Nations Sustainable Development Goal 3, ensuring healthy lives and promoting well-being for all while supporting the development of healthier and more resilient communities.

Faculty of Pharmacy

https://kalingauniversity.ac.in/departments/faculty-of-pharmacy

The Faculty of Pharmacy at Kalinga University offers comprehensive undergraduate, postgraduate, doctoral, and diploma programmes designed to develop competent, ethical, and industry-ready pharmacy professionals. The curriculum combines rigorous academic learning with practical laboratory training, clinical exposure, research opportunities, and innovation-driven education. Through a holistic approach, the Faculty equips students with the knowledge, skills, and professional values required to contribute effectively to healthcare, pharmaceutical sciences, and community well-being.

The Faculty of Pharmacy plays a pivotal role in advancing healthcare education, pharmaceutical research, and community health services. The Faculty offers a comprehensive range of academic programmes designed to develop skilled healthcare professionals, researchers, and innovators equipped to address emerging healthcare challenges.

Our pharmacy faculty's motive is to prepare students to come up with the next big medicinal cure that is safe and accessible to everyone. With the theoretical and practical-based curriculum, explore the core areas of our department of pharmaceutical sciences.

We offer state-of-the-art research facilities through CIF and Pharma labs, which have advanced instruments for research scholars that are not available anywhere else in Chhattisgarh, making KU a top pharmacy university. They can carry out R&D and develop impactful solutions for human welfare. With one-on-one learning experience, you will be well-prepared to lead in the future of healthcare.

The programmes offered include:

- Diploma in Pharmacy (D.Pharm)
- Bachelor of Pharmacy (B.Pharm)
- Master of Pharmacy (M.Pharm)
- Doctor of Pharmacy (Pharm D)
- Doctor of Philosophy (PhD)

Key Highlights of the Faculty of Pharmacy

1. **Comprehensive Academic Programmes** – Offers diploma, undergraduate, postgraduate, and doctoral programmes in pharmaceutical sciences to cater to diverse educational and career aspirations.
2. **Research and Innovation Focus** – Promotes cutting-edge research in drug discovery, formulation development, pharmacology, pharmaceutical analysis, and public health-related areas.
3. **Modern Laboratories and Infrastructure** – Equipped with advanced laboratories, instruments, and research facilities that provide hands-on learning and practical exposure.
4. **Industry and Clinical Exposure** – Facilitates internships, industrial visits, hospital training, and collaborations with healthcare and pharmaceutical organizations to enhance professional competencies.
5. **Community Health and Outreach Activities** – Actively engages in health awareness campaigns, health camps, medication counseling, and public health initiatives, contributing to societal well-being and SDG 3.
6. **Qualified Faculty and Holistic Learning Environment** – Supported by experienced academicians and researchers who foster academic excellence, ethical values, innovation, and lifelong learning among students.

Faculty of Arts & Humanities

https://kalingauniversity.ac.in/departments/faculty-of-arts-humanities

The Faculty of Arts and Humanities at Kalinga University provides a dynamic and intellectually stimulating environment where students explore language, culture, history, media, political science, sociology, and psychology. The Faculty nurtures creativity, critical thinking, communication, and leadership skills while encouraging students to engage with contemporary social issues. Through an industry-oriented curriculum, internships, research projects, community engagement, and experiential learning opportunities, students develop the knowledge, professional competencies, and ethical values needed to become responsible leaders and contribute meaningfully to society.

The Faculty of Arts and Humanities at Kalinga University plays a vital role in promoting mental health awareness, emotional well-being, and psychological resilience through its Bachelor of Arts (B.A.) Psychology and Master of Arts (M.A.) Psychology programmes. These programmes provide students with a strong foundation in psychological theories, human behaviour, mental health assessment, and counselling practices. Through experiential learning, research, case studies, and community outreach activities, students develop the skills required to address contemporary mental health challenges,

support individual well-being, and contribute to healthier and more inclusive communities, thereby supporting SDG 3: Good Health and Well-Being.

Key Highlights of the Faculty of Arts and Humanities

1. **Diverse Academic Programmes** – Offers undergraduate, postgraduate, and doctoral programmes in disciplines such as English, Psychology, Political Science, Sociology, History, and related humanities and social sciences fields.
2. **Focus on Critical Thinking and Communication** – Develops analytical, creative, communication, and problem-solving skills that prepare students for diverse professional and societal roles.
3. **Mental Health and Well-Being Education** – Through B.A. and M.A. Psychology programmes, promotes mental health awareness, counselling skills, emotional well-being, and psychological resilience, contributing to SDG 3.
4. **Research and Interdisciplinary Learning** – Encourages research, publications, seminars, and interdisciplinary studies addressing social, cultural, behavioural, and developmental challenges.
5. **Experiential and Community-Based Learning** – Provides opportunities for internships, field visits, social surveys, community outreach, and extension activities that connect academic learning with real-world issues.
6. **Leadership and Social Responsibility Development** – Nurtures ethical values, cultural awareness, leadership qualities, and civic responsibility, enabling students to become informed citizens and positive agents of social change.

Faculty of Science

https://kalingauniversity.ac.in/departments/faculty-of-science

The Faculty of Science at Kalinga University fosters a vibrant academic environment where scientific inquiry, innovation, and experiential learning thrive. By integrating fundamental scientific principles with real-world applications, the Faculty serves as a catalyst for transforming knowledge into practical solutions that address contemporary societal and technological challenges.

The Faculty offers a diverse range of undergraduate, postgraduate, and research programmes in disciplines such as Physics, Chemistry, Mathematics, Biotechnology, Microbiology, Zoology, Botany, Bioinformatics, Forensic Science, and Yoga. These programmes provide students with a strong conceptual foundation complemented by extensive hands-on training in modern laboratories and research facilities. The curriculum is carefully designed to blend theoretical knowledge with practical

experimentation, encouraging students to develop analytical thinking, problem-solving abilities, and scientific temper.

The Faculty of Science is committed to advancing scientific research, innovation, and interdisciplinary collaboration through research projects, publications, industry interactions, and community-oriented initiatives. By promoting excellence in education and research, the Faculty nurtures skilled scientists, researchers, and innovators who are equipped to contribute meaningfully to scientific advancement, sustainable development, healthcare, environmental conservation, and industrial growth.

Key Highlights of the Faculty of Science

1. **Diverse Academic Programmes** – Offers undergraduate, postgraduate, and research programmes in Physics, Chemistry, Mathematics, Biotechnology, Microbiology, Zoology, Botany, Bioinformatics, Forensic Science, and Yoga, providing a strong foundation in basic and applied sciences.
2. **Advanced Laboratories and Research Facilities** – Equipped with modern laboratories, scientific instruments, and research infrastructure that facilitate experiential learning, experimentation, and innovation.
3. **Research and Innovation Ecosystem** – Encourages faculty and students to engage in interdisciplinary research projects, publications, patents, and scientific innovations addressing societal, environmental, and healthcare challenges.
4. **Industry-Oriented and Skill-Based Learning** – Integrates practical training, internships, workshops, field visits, and project-based learning to enhance employability and professional competence.
5. **Contribution to Health and Sustainability** – Through programmes in Biotechnology, Microbiology, Bioinformatics, Yoga, and allied sciences, promotes public health, environmental sustainability, and well-being, supporting SDG 3 and other Sustainable Development Goals.
6. **Holistic Development and Scientific Temper** – Nurtures critical thinking, analytical skills, ethical values, scientific reasoning, and leadership qualities, preparing students to become future scientists, researchers, educators, and innovators.

3.1 RESEARCH ON HEALTH & WELL-BEING

Kalinga University has demonstrated significant progress in advancing research aligned with Sustainable Development Goal 3 (Good Health and Well-Being). Between 2021 and 2026, the

University published **317 Scopus-indexed research papers**, these publications have collectively received **432 citations**, reflecting the growing impact and relevance of the University's research in the health sector. With a good citation index of these research papers, the research output highlights both the quality and influence of scholarly contributions made by faculty members, researchers, and students. This sustained commitment to health-focused research strengthens Kalinga University's role in generating evidence-based knowledge, supporting healthcare advancements, and contributing to the achievement of SDG 3 at regional, national, and global levels.

3.1.1 Good Health and Well-being: Paper Views

The SDG 3-aligned research publications of Kalinga University have garnered significant academic attention and visibility, reflecting the growing impact of the University's contributions to health and well-being research. The increasing readership and scholarly engagement demonstrate the relevance of its research in addressing contemporary healthcare challenges, public health concerns, biomedical advancements, mental health, and community well-being. A total of 255 SDG 3–aligned research papers have been viewed, indicating active engagement with the University's research outputs related to health and well-being. This sustained research impact highlights Kalinga University's commitment to generating knowledge that supports evidence-based decision-making, fosters innovation in healthcare, and contributes to the global scientific discourse on Sustainable Development Goal 3 (Good Health and Well-Being).

The table below presents the research papers published by each teacher that are aligned with Sustainable Development Goal (SDG) 3. The data indicate that year-wise growth in the number of research papers can be observed.

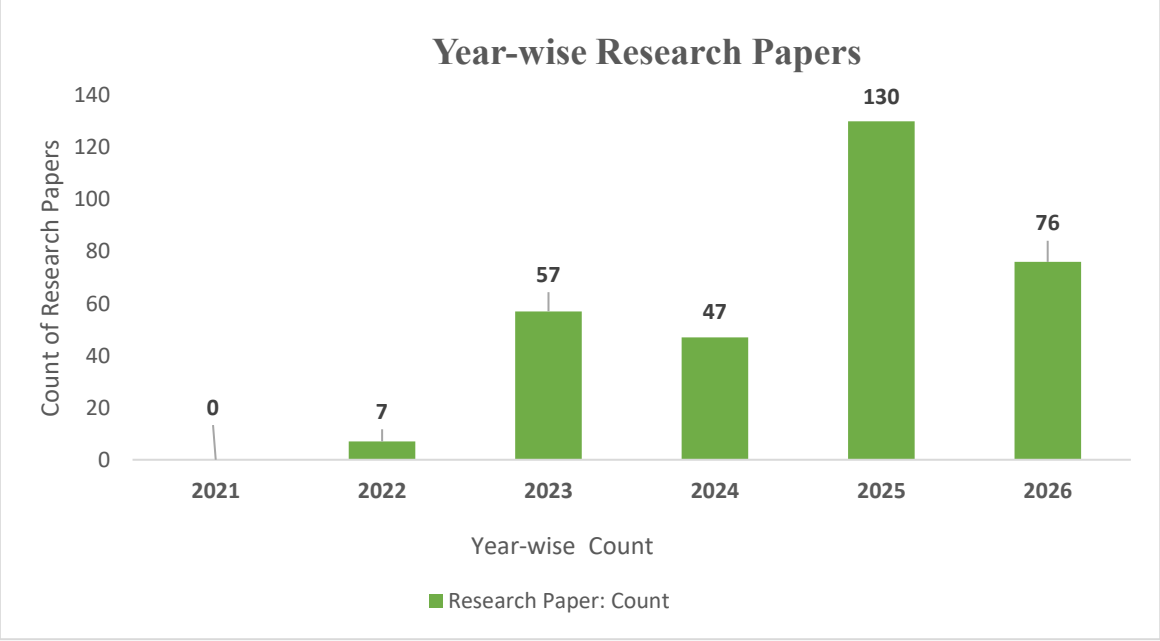


Table: Year-wise Research Papers aligned with SDG 3

3.1.2 Clinical Citations

Kalinga University's research aligned with **SDG 3: Good Health and Well-being** demonstrates a growing academic impact and contribution to health-related research. The University has published **317 Scopus-indexed research articles during 2021–2026**, receiving a total of **432 citations**. These publications cover key disciplines such as Medicine, Biochemistry, Genetics and Molecular Biology, Psychology, Pharmacology, Toxicology and Pharmaceutics, Immunology and Microbiology, Nursing, Neuroscience, and Dentistry etc, highlighting the University's contribution to health-related research and the advancement of well-being.

3.1.3 Good Health and Well-being: Publications –

A total **317 research papers are specifically aligned with Sustainable Development Goal 3 (Good Health and W**

Graph: Year-wise Citation Trends of Publications (2021–2025)

ancing healthcare, public health, and well-being through impactful research. These publications have achieved a **Field-Weighted Citation Impact (FWCI) of 0.4**, indicating that they are cited significantly more often than the global average in their respective disciplines.

This outstanding citation performance reflects not only the quality and relevance of the University's research but also its growing academic influence in addressing critical health challenges at local, national, and global levels. The sustained impact of these publications highlights the University's leadership in generating evidence-based solutions, supporting healthcare innovation, informing policy development, and contributing to the achievement of global health priorities and sustainable societal development. Below mentioned table presents the list of sanctioned research projects supporting Sustainable Development Goal (SDG) 3: Good Health and Well-being. And the graph illustrates the year-wise publication of books and book chapters aligned with SDG 3, highlighting the institution's sustained research and academic contributions toward advancing health and well-being.

Projects Web Link - https://kalingauniversity.ac.in/internal-quality-assurance-cell

Sanctioned Research Projects Aligned with Sustainable Development Goal (SDG) 3				
S.No	**Name of of the PI/ Co-PI**	**Title of the Research Project**	**Name of the Funding Agency**	**Year of award or sanction**
1	Dr. Sandip Prasad Tiwari	International Conference On Frontiers In Pharmaceutical And Allied Sciences: Translating Innovation Into Impact For Sustainable And Equitable Healthcare.	Anusandhan National Research Foundation (ANRF) New Delhi	2025
2	Dr. Jayakumar Rajamani	Waste Optimization and Cleaner Technology: A Sustainable Approach to Solid and E-Waste Management, Energy Recovery, and Mitigating the Effects of Climate Change	All India Council for Technical Education (AICTE)	2025
3	Dr. Manoj Kumar Nigam Dr. Swapnil jain	International Conference on "Sustainable development towards a greener future (ICS 2026DGF)	Chhattisgarh Council of Science & Technology	2025
4	Dr. Sandip Tiwari Dr. Sandeep Mishra Ms. Rajni Yadav Mr. Saurabh Sharma	Formulation, development, and characterization of ready-to-use nutraceutical soft beverage of Curcuma angustifolia (Tikhur) powder.	State Planning Commission CG	2024
5	Dr. Vijayalaxmi Biradar	ESG & Sustainability Symposium - 2024	CG Tourism Department	2024
6	Dr. Manoj Singh	Envirothon: Trash to Treasure	Chhattisgarh Environment Conservation Board (CECB)	2023
7	Dr. Ajay Kumar Harit	Water and Groundwater examination	Chhattisgarh State Watershed Management Agency (CGSWMA)	2023
8	Dr. Manoj Singh	International Conference on Climate Change Sustainable Development and Smart Agriculture (ICSSA-2023)	NABARD	2023

9	Dr. Ajay Kumar Harit	National Conference on Climate Change: Suggestion and recommendations for fostering adaptation and resilience	NABARD	2023
10	Dr. Manoj Singh	Status of Environment and Related Issues to conduct a certificate course in Waste Optimisation Professional	Chhattisgarh Environment Conservation Board	2023

Table: List of Sanctioned Research Projects Supporting SDG 3 (Good Health and Well-being)

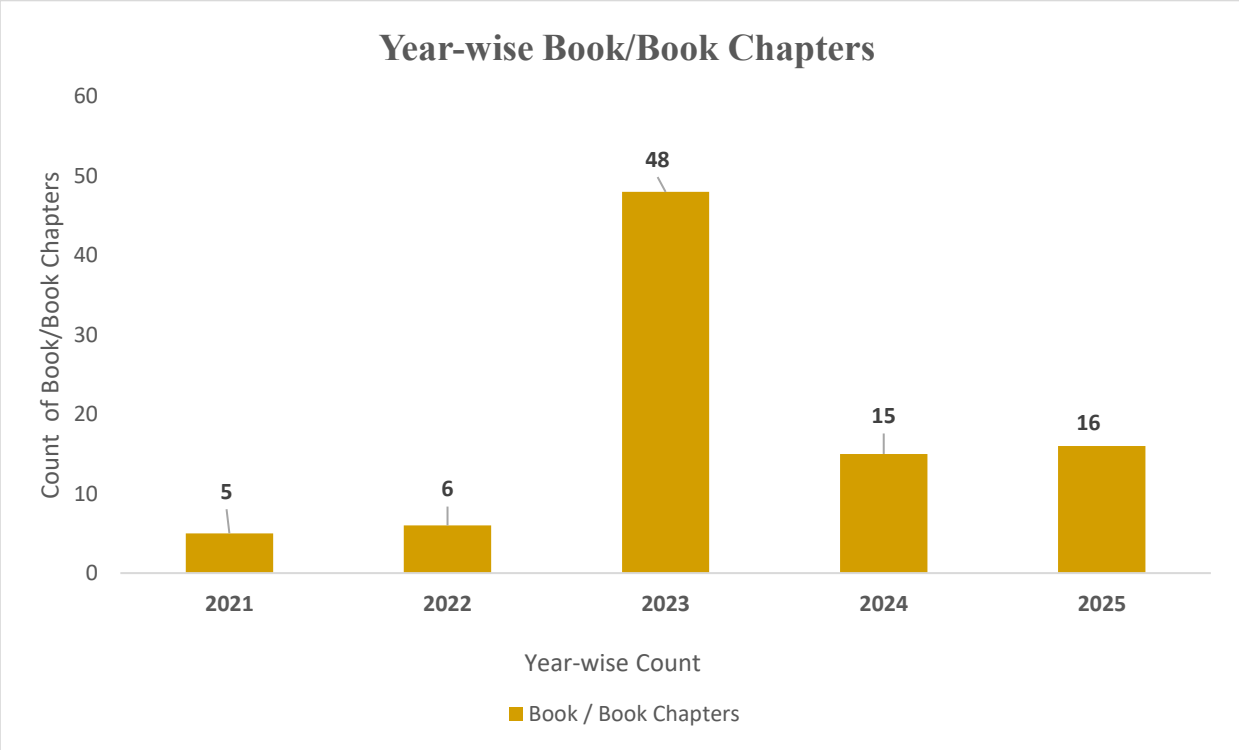


Figure: Year-wise Book / Book Chapters aligned with SDG 3

3.2 NUMBER GRADUATING IN HEALTH PROFESSIONS

Kalinga University is strongly committed to advancing **SDG 3 – Good Health and Well-being** through health-oriented academic programmes, interdisciplinary research, practical learning, and community engagement. The University offers diverse programmes supporting healthcare, wellness, and quality of life. The **Faculty of Pharmacy** provides D.Pharm, B.Pharm, M.Pharm, Pharm.D, and

Ph.D. programmes, developing expertise in pharmaceutical sciences and healthcare delivery. The **Faculty of Science** contributes through programmes in Biotechnology, Microbiology, Zoology, Botany, Bioinformatics, Forensic Science, Physics, Chemistry, Mathematics, and Yoga, supporting medical research, disease prevention, public health, and physical well-being. The **Faculty of Arts and Humanities** promotes mental health, emotional well-being, and psychological resilience through B.A. and M.A. Psychology programmes. Across disciplines, health, nutrition, preventive healthcare, mental wellness, and healthy lifestyles are integrated into teaching and experiential learning. Through this holistic and interdisciplinary approach, the University develops skilled professionals and socially responsible graduates who contribute to improved health outcomes and sustainable societal development.

Programme	No. of Graduates	Web Link
B.Pharmacy	100	https://kalingauniversity.ac.in/departments/faculty-of-pharmacy
M.Pharmacy	23	https://kalingauniversity.ac.in/departments/faculty-of-pharmacy
D. Pharmacy	63	https://kalingauniversity.ac.in/departments/faculty-of-pharmacy
Pharm. D	19	https://kalingauniversity.ac.in/departments/faculty-of-pharmacy
PhD	22	https://kalingauniversity.ac.in/admissions?studyLevel=PhD
BSC (Others)	60	https://kalingauniversity.ac.in/departments/faculty-of-science
BSC (Biotechnology)	51	https://kalingauniversity.ac.in/departments/faculty-of-science
Total	**338**	

3.2.1 Indicator: Proportion of graduates in health professions Year: 2024 - 25

Data Collected	Definition	Proportion of Graduates in Health Professions
Number of graduates - **1881**	This is the total headcount number of graduates at all levels from your institution in the year 2024-25	**1881**
Number of graduates in health professions - **338**	This is the headcount number of graduates at all levels in health professions in the year 2024-25. This is a subset of the total number of graduates.	**338 (18 %)**

3.3 COLLABORATIONS AND HEALTH SERVICES

Kalinga University has developed strong collaborative partnerships with reputed hospitals, research institutions, government bodies, and national as well as international organizations through Memoranda of Understanding (MoUs). These strategic collaborations foster academic excellence, research innovation, professional development, and experiential learning opportunities for students and faculty. In alignment with Sustainable Development Goal 3 (Good Health and Well-being), many of these partnerships focus on advancing healthcare education, promoting interdisciplinary research, enhancing community health services, and addressing public health challenges, thereby contributing to improved health outcomes and sustainable societal development.

3.3.1 Current Collaborations with Health Institutions

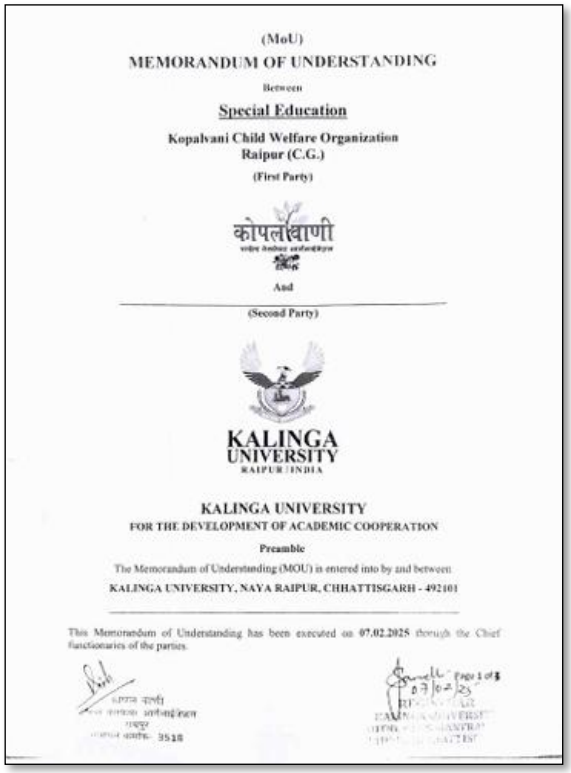
Kalinga University has established **Memoranda of Understanding (MoUs)** with leading academic institutions, NGOs and reputed hospitals to strengthen academic excellence, healthcare education, and research collaboration. These partnerships are aimed at integrating research-driven knowledge with clinical practice, thereby enhancing the quality of teaching, learning, and professional training. Through these collaborations, students gain valuable opportunities for internships, clinical postings, hands-on training, skill development, and exposure to diverse medical specialties in real healthcare settings. Such industry-academia linkages enable students to bridge the gap between theoretical learning and practical application, fostering professional competence, experiential learning, and career readiness in the healthcare sector.

List of MoUs:

Sl. No.	Year	MoU with	Web Link
1	2025	NGO - Special Education Kopalvani Child Welfare Organization Raipur (C.G.)	https://kalingauniversity.ac.in/sustainability/mous/kopalvani-child-welfare-organization.pdf
2	2025	Shri Ganesh Vinayak Eye Hospital, Raipur	https://kalingauniversity.ac.in/sustainability/mous/shri-ganesh-vinayak-eye-hospital.pdf
3	2024	City Eye Care Hospital Beside MM Silver Plaza, Infront of Udyog Bhavan, Mahaveer Nagar, Raipur, Chhattisgarh.	https://kalingauniversity.ac.in/sustainability/mous/city-eye-care-hospital.pdf
4	2024	Ramakrishna CARE Hospitals, Raipur	https://kalingauniversity.ac.in/sustainability/mous/ramkrishna-care-hospital.pdf

5	2024	M/S Urmila Memorial Hospital, (A Unit Of Adityaraj Medical Care Pvt. Ltd.) Near New Bus Stand Circle, Nahar Road,Bhatagaon Raipur Cg -492015.	https://kalingauniversity.ac.in/sustainability/mous/urmila-memorial-hospital.pdf
6	2023	NH MMI Narayana Superspeciality Hospital, Raipur, Chhattisgarh	https://kalingauniversity.ac.in/sustainability/mous/nh-mmi-narayana-superspeciality-hospital.pdf
7	2023	Saptgiri Hospital, Mandir Hasaud Chowk, Raipur, Chhattisgarh- 492101.	https://kalingauniversity.ac.in/sustainability/mous/saptgiri-hospital.pdf
8	2023	VY Hospital, Kamal Vihar, Raipur, Chhattisgarh	https://kalingauniversity.ac.in/sustainability/mous/vy-hospital.pdf

- **NGO - Special Education Kopalvani Child Welfare Organization Raipur (C.G.)**



(MoU)

MEMORANDUM OF UNDERSTANDING

Between

Special Education

Kopalvani Child Welfare Organization
Raipur (C.G.)

(First Party)

And

(Second Party)

KALINGA UNIVERSITY
RAIPUR / INDIA

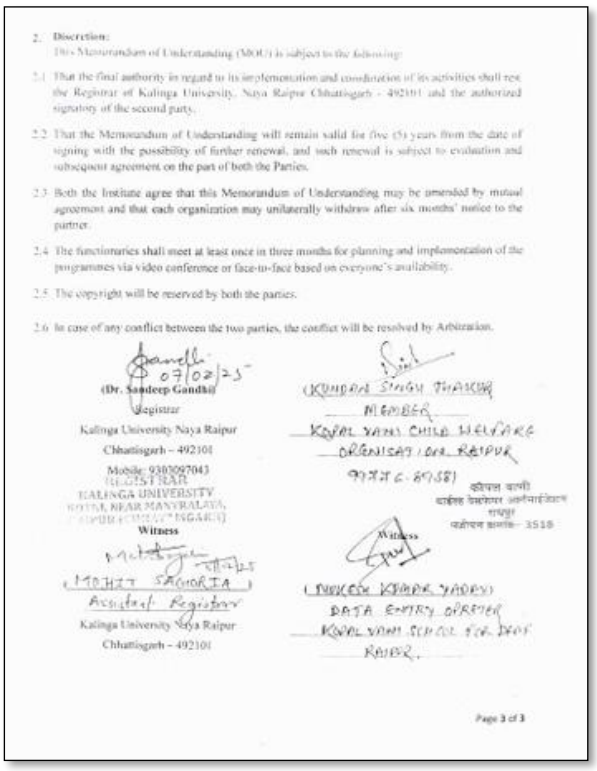
KALINGA UNIVERSITY
FOR THE DEVELOPMENT OF ACADEMIC COOPERATION

Preamble

The Memorandum of Understanding (MOU) is entered into by and between

KALINGA UNIVERSITY, NAYA RAIPUR, CHHATTISGARH - 492101

This Memorandum of Understanding has been executed on 07.02.2025 through the Chief functionaries of the parties.



2. Discretion:

This Memorandum of Understanding (MOU) is subject to the following:

2.1 That the final authority in regard to its implementation and coordination of its activities shall rest the Registrar of Kalinga University, Naya Raipur Chhattisgarh - 492101 and the authorized signatory of the second party.

2.2 That the Memorandum of Understanding will remain valid for five (5) years from the date of signing with the possibility of further renewal, and such renewal is subject to evaluation and subsequent agreement on the part of both the Parties.

2.3 Both the Institute agree that this Memorandum of Understanding may be amended by mutual agreement and that each organization may unilaterally withdraw after six months' notice to the partner.

2.4 The functionaries shall meet at least once in three months for planning and implementation of the programmes via video conference or face-to-face based on everyone's availability.

2.5 The copyright will be reserved by both the parties.

2.6 In case of any conflict between the two parties, the conflict will be resolved by Arbitration.

07/02/25

(Dr. Sandeep Gandhi)
Registrar
Kalinga University Naya Raipur
Chhattisgarh – 492101
Mobile: 9303097043

(KUNDAN SINGH THAKUR)
MEMBER
KOPAL VANI CHILD WELFARE ORGANISATION RAIPUR

Witness

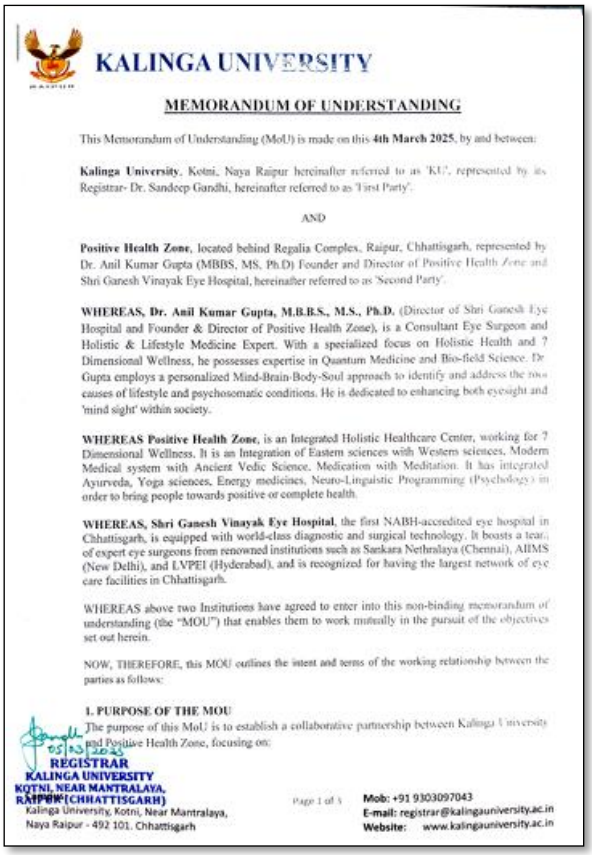
(MOHIT SAGHORIA)
Assistant Registrar
Kalinga University Naya Raipur
Chhattisgarh – 492101

Witness

(NAVEEN KUMAR YADAV)
DATA ENTRY OPERATOR
KOPAL VANI SCHOOL FOR DEAF
RAIPUR.

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- **Shri Ganesh Vinayak Eye Hospital, Raipur**



KALINGA UNIVERSITY

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (MoU) is made on this **4th March 2025**, by and between:

Kalinga University, Kotni, Naya Raipur hereinafter referred to as 'KU', represented by its Registrar- Dr. Sandeep Gandhi, hereinafter referred to as 'First Party'.

AND

Positive Health Zone, located behind Regalia Complex, Raipur, Chhattisgarh, represented by Dr. Anil Kumar Gupta (MBBS, MS, Ph.D) Founder and Director of Positive Health Zone and Shri Ganesh Vinayak Eye Hospital, hereinafter referred to as 'Second Party'.

WHEREAS, Dr. Anil Kumar Gupta, M.B.B.S., M.S., Ph.D. (Director of Shri Ganesh Eye Hospital and Founder & Director of Positive Health Zone), is a Consultant Eye Surgeon and Holistic & Lifestyle Medicine Expert. With a specialized focus on Holistic Health and 7 Dimensional Wellness, he possesses expertise in Quantum Medicine and Bio-field Science. Dr Gupta employs a personalized Mind-Brain-Body-Soul approach to identify and address the root causes of lifestyle and psychosomatic conditions. He is dedicated to enhancing both eyesight and 'mind sight' within society.

WHEREAS Positive Health Zone, is an Integrated Holistic Healthcare Center, working for 7 Dimensional Wellness. It is an Integration of Eastern sciences with Western sciences, Modern Medical system with Ancient Vedic Science, Medication with Meditation. It has integrated Ayurveda, Yoga sciences, Energy medicines, Neuro-Linguistic Programming (Psychology) in order to bring people towards positive or complete health.

WHEREAS, Shri Ganesh Vinayak Eye Hospital, the first NABH-accredited eye hospital in Chhattisgarh, is equipped with world-class diagnostic and surgical technology. It boasts a team of expert eye surgeons from renowned institutions such as Sankara Nethralaya (Chennai), AIIMS (New Delhi), and LVPEI (Hyderabad), and is recognized for having the largest network of eye care facilities in Chhattisgarh.

WHEREAS above two Institutions have agreed to enter into this non-binding memorandum of understanding (the "MOU") that enables them to work mutually in the pursuit of the objectives set out herein.

NOW, THEREFORE, this MOU outlines the intent and terms of the working relationship between the parties as follows:

1. PURPOSE OF THE MOU

The purpose of this MoU is to establish a collaborative partnership between Kalinga University and Positive Health Zone, focusing on:

05/03/2025
REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Page 1 of 3

Kalinga University, Kotni, Near Mantralaya,
Naya Raipur - 492 101, Chhattisgarh

Mob: +91 9303097043
E-mail: registrar@kalingauniversity.ac.in
Website: www.kalingauniversity.ac.in



For the purposes of this MOU, 'confidential information' does not include information that is already in the public domain, information that enters the public domain through no fault of the receiving party, or information that must be disclosed pursuant to applicable law or a court order.

5. DURATION

This MoU remains valid for three (3) years from the date of signing and can be renewed upon mutual agreement.
This Memorandum of Understanding will take effect from the date of signing of this MoU by both the parties herewith. It shall remain in force initially for a period of 3 years until terminated by either party on mutual agreement.
This MoU may be amended or extended by the mutual written consent of the parties. The two parties have the right to place their logos and seals on their certificates and cards.

6. TERMINATION

Either party may terminate this MoU by providing written notice to the other party at least three (3) months in advance. All obligations incurred prior to termination shall remain in full effect.

7. DISPUTE RESOLUTION

Disputes will be resolved through mutual discussion or, if unresolved, through an independent arbitrator appointed by mutual agreement.

All notices to be given pursuant to this MoU shall be sent in writing to the following individuals:

8. SIGNATORIES

For Kalinga University:

05/03/2025
Dr. Sandeep Gandhi
Registrar
Contact No: 9303097043
Email: registrar@kalingauniversity.ac.in

REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Witness
Dr. Dhananjay Kumar Jain
Head of Department – Yoga
Contact No.: +91 93022 07463
Email: Dhananjay.jain@kalingauniversity.ac.in

Date: **04th March 2025**

For Positive Health Zone:

04/03/25
Dr. Anil Kumar Gupta
Founder and Director
Contact No: 98 [illegible] 622
Email: [illegible]

Witness
Mr. Elwin Dayal
HR and Admin In-charge
Contact No: +91 91091 85034
Email: sgvehhr54@gmail.com

Date: **04th March 2025**

- **City Eye Care Hospital Beside MM Silver Plaza, Infront of Udyog Bhavan, Mahaveer Nagar, Raipur, Chhattisgarh.**



KALINGA UNIVERSITY

Date: 12/06/2024

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding is entered on **12/06/2024** between **Kalinga University**, Kotni, Near Mantralaya, Naya Raipur - 492101, Chhattisgarh and **City Eye Care Hospital** Beside MM Silver Plaza, Infront of Udyog Bhavan, Mahaveer Nagar, Raipur, Chhattisgarh.

The **Kalinga University**, a premier institution of teaching and research in the country, is established under Chhattisgarh Private Universities (Establishment and Operations) Act 2005 and under section 2 (f) of UGC act 1956. The Primary purpose of Kalinga University is to provide a learning environment in which faculty, staff and students can discover, examine critically, preserve and transmit the knowledge, wisdom and values that will ensure the survival of future generations and improve the quality of life for all. The University seeks to help students to develop an understanding and appreciation for potential of intellectual, physical and human development. Kalinga University aims to be and outstanding institution for Talent Development and Knowledge creation for a vibrant and inclusive society.

The City Eye Care Hospital, Raipur is committed to providing the best quality eye care at an affordable cost across Chhattisgarh and Central India. It is an ISO registered organization operating under the Founder and CMO leadership - Dr. Amrita Verma - one of the most renowned vitreo-retinal surgeon in Raipur, CG, aided by a team of specialists with affluent knowledge in their respective specialties. City Eye Care Hospital is the most-trusted eye care hospital in Raipur and across Chhattisgarh & nearby states.

City Eye Care Hospital provides medical care including OPD and inpatient services primarily in the fields of General Medicine Eye care services. They also have a community outreach program for carrying out health checkup camps for the community.

Kalinga University is looking for organizations to partner it in its endeavors and **City Eye Care Hospital** has agreed to partner it in its health program.

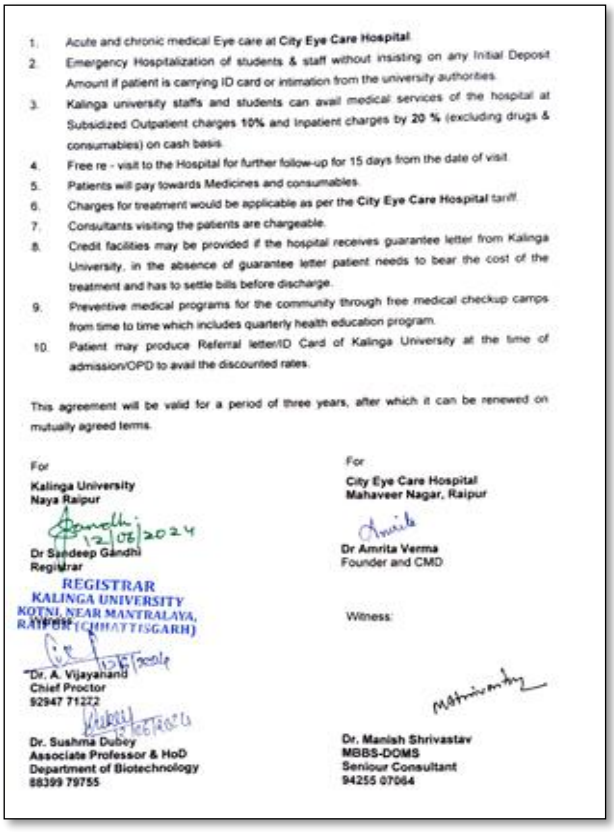
Services Rendered by **City Eye Care Hospital** to **Kalinga University**:

City Eye Care Hospital shall provide the services of consultation, diagnostics, medication and hospitalization to the staff & students of Kalinga University, Naya Raipur, on the following terms:

12/06/2024
REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Campus:
Kalinga University, Kotni, Near Mantralaya,
Naya Raipur - 492 101, Chhattisgarh

Mob: +91 9303097043
E-mail: registrar@kalingauniversity.ac.in
Website: www.kalingauniversity.ac.in



1. Acute and chronic medical Eye care at **City Eye Care Hospital**.
2. Emergency Hospitalization of students & staff without insisting on any Initial Deposit Amount if patient is carrying ID card or intimation from the university authorities.
3. Kalinga university staffs and students can avail medical services of the hospital at Subsidized Outpatient charges **10%** and Inpatient charges by **20 %** (excluding drugs & consumables) on cash basis.
4. Free re - visit to the Hospital for further follow-up for 15 days from the date of visit.
5. Patients will pay towards Medicines and consumables.
6. Charges for treatment would be applicable as per the **City Eye Care Hospital** tariff.
7. Consultants visiting the patients are chargeable.
8. Credit facilities may be provided if the hospital receives guarantee letter from Kalinga University, in the absence of guarantee letter patient needs to bear the cost of the treatment and has to settle bills before discharge.
9. Preventive medical programs for the community through free medical checkup camps from time to time which includes quarterly health education program.
10. Patient may produce Referral letter/ID Card of Kalinga University at the time of admission/OPD to avail the discounted rates.

This agreement will be valid for a period of three years, after which it can be renewed on mutually agreed terms.

For
Kalinga University
Naya Raipur

12/06/2024
Dr Sandeep Gandhi
Registrar

REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Dr. A. Vijayanand
Chief Proctor
92947 71222

Dr. Sushma Dubey
Associate Professor & HoD
Department of Biotechnology
88399 79755

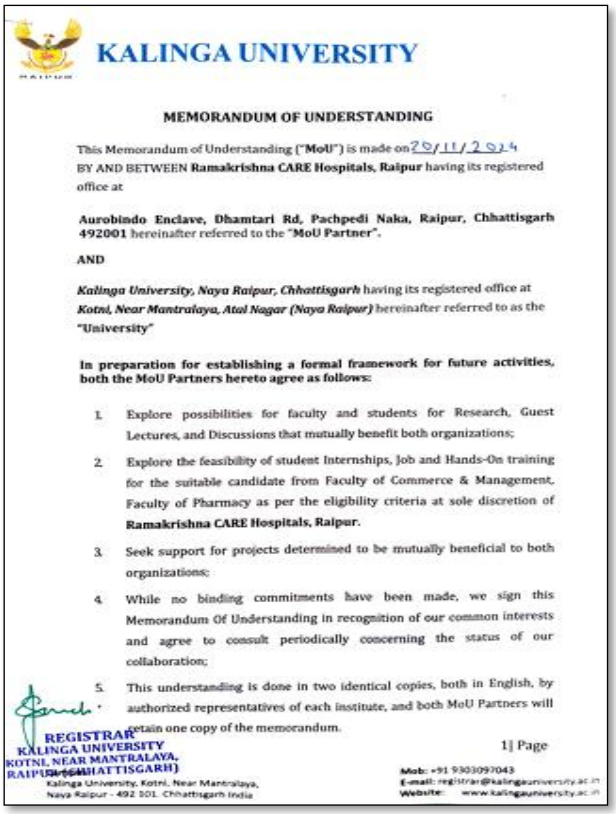
For
City Eye Care Hospital
Mahaveer Nagar, Raipur

Dr Amrita Verma
Founder and CMD

Witness:

Dr. Manish Shrivastav
MBBS-DOMS
Seniour Consultant
94255 07064

- **Ramakrishna CARE Hospitals, Raipur**



KALINGA UNIVERSITY

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding ("MoU") is made on 29/11/2024
BY AND BETWEEN **Ramakrishna CARE Hospitals, Raipur** having its registered office at

Aurobindo Enclave, Dhamtari Rd, Pachpedi Naka, Raipur, Chhattisgarh 492001 hereinafter referred to the "**MoU Partner**".

AND

Kalinga University, Naya Raipur, Chhattisgarh having its registered office at ***Kotni, Near Mantralaya, Atal Nagar (Naya Raipur)*** hereinafter referred to as the "**University**"

In preparation for establishing a formal framework for future activities, both the MoU Partners hereto agree as follows:

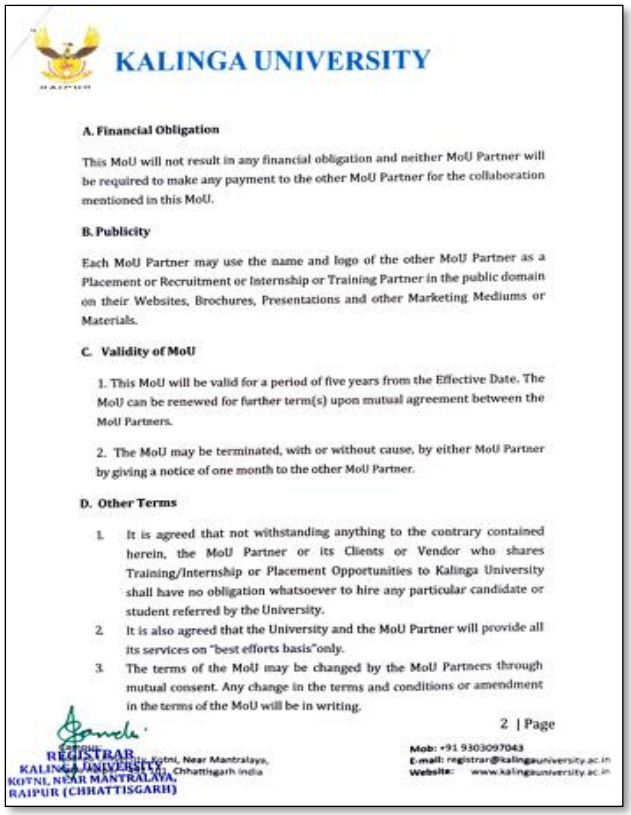
1. Explore possibilities for faculty and students for Research, Guest Lectures, and Discussions that mutually benefit both organizations;
2. Explore the feasibility of student Internships, Job and Hands-On training for the suitable candidate from Faculty of Commerce & Management, Faculty of Pharmacy as per the eligibility criteria at sole discretion of **Ramakrishna CARE Hospitals, Raipur.**
3. Seek support for projects determined to be mutually beneficial to both organizations;
4. While no binding commitments have been made, we sign this Memorandum Of Understanding in recognition of our common interests and agree to consult periodically concerning the status of our collaboration;
5. This understanding is done in two identical copies, both in English, by authorized representatives of each institute, and both MoU Partners will retain one copy of the memorandum.

REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

1| Page

Kalinga University, Kotni, Near Mantralaya, Naya Raipur - 492 101. Chhattisgarh India

Mob: +91 9303097043
E-mail: registrar@kalingauniversity.ac.in
Website: www.kalingauniversity.ac.in



KALINGA UNIVERSITY

A. Financial Obligation

This MoU will not result in any financial obligation and neither MoU Partner will be required to make any payment to the other MoU Partner for the collaboration mentioned in this MoU.

B. Publicity

Each MoU Partner may use the name and logo of the other MoU Partner as a Placement or Recruitment or Internship or Training Partner in the public domain on their Websites, Brochures, Presentations and other Marketing Mediums or Materials.

C. Validity of MoU

1. This MoU will be valid for a period of five years from the Effective Date. The MoU can be renewed for further term(s) upon mutual agreement between the MoU Partners.

2. The MoU may be terminated, with or without cause, by either MoU Partner by giving a notice of one month to the other MoU Partner.

D. Other Terms

1. It is agreed that not withstanding anything to the contrary contained herein, the MoU Partner or its Clients or Vendor who shares Training/Internship or Placement Opportunities to Kalinga University shall have no obligation whatsoever to hire any particular candidate or student referred by the University.
2. It is also agreed that the University and the MoU Partner will provide all its services on "best efforts basis"only.
3. The terms of the MoU may be changed by the MoU Partners through mutual consent. Any change in the terms and conditions or amendment in the terms of the MoU will be in writing.

REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

2 | Page

Kotni, Near Mantralaya, Chhattisgarh India

Mob: +91 9303097043
E-mail: registrar@kalingauniversity.ac.in
Website: www.kalingauniversity.ac.in

- **M/S Urmila Memorial Hospital, (A Unit of Adityaraj Medical Care Pvt. Ltd.) Near New Bus Stand Circle, Nahar Road, Bhatagaon Raipur CG -492015.**



भारतीय गैर न्यायिक
एक सौ रुपये
Rs. 100
रु. 100
ONE HUNDRED RUPEES
भारत INDIA
INDIA NON JUDICIAL

छत्तीसगढ़ CHHATTISGARH S 918265

AGREEMENT FOR EMPANELMENT OF HOSPITAL BETWEEN
KALINGA UNIVERSITY, RAIPUR.

AND

M/S URMILA MEMORIAL HOSPITAL, (A UNIT OF ADITYARAJ MEDICAL CARE PVT. LTD.)
NEAR NEW BUS STAND CIRCLE, NAHAR ROAD,BHATAGAON RAIPUR CG -492015.

This Agreement Is Made On The 28th Day Of May, 2024 Between The **Kalinga University**, Which Expression Shall, Unless Repugnant To The Context Or Meaning Thereof, Be Deemed To Mean And Include Its Successors And Assigns) Of The First Part.

AND

M/S URMILA MEMORIAL HOSPITAL,
(A UNIT OF ADITYARAJ MEDICAL CARE PVT. LTD)
NEAR NEW BUS STAND CIRCLE, NAHAR ROAD, BHATAGAON RAIPUR CG 492015.

WHEREAS,**M/S URMILA MEMORIAL HOSPITAL, (A UNIT OF ADITYARAJ MEDICAL CARE PVT. LTD.)NEAR NEW BUS STAND CIRCLE, NAHAR ROAD, BHATAGAON RAIPUR CG- 492015.**Give The Following Treatment / Diagnostic Facilities To The Kalinga University Beneficiaries In The Hospital.

1. **DEFINITION & INTERPRETATIONS**

1.1 the following terms and expressions shall have the following meanings for purposes of the agreement.

REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Urmila Memorial Hospital
Nahar Road Bhatagaon
Raipur (C.G.)



all statutory / mandatory license, permits or approvals of the concerned authorities under or as per the existing laws of the land.

1. Urmila Memorial Hospital will take care of acute and chronic medical care of kalinga university staff as well as student also.
2. Urmila Memorial Hospital make assure that Emergency Hospitalization of students & staff must be done without insisting on any Initial Deposit Amount.
3. Urmila Memorial Hospital will give Subsidized medical rate by **20%** to all Kalinga Family.
4. UMH will provide free follow up (only one) visit.
5. Patients will pay Medicines and consumables cost to the hospital directly.
6. Charges for treatment would be applicable as per the Urmila Memorial Hospital rate plan
7. Consultants visiting the patients are chargeable.
8. Credit facilities for all the expenses incurred during general investigations and hospitalization of students, which Kalinga University / Guardian of patient will pay at the time of discharge

9. Advice on nutrition, diets and menu planning will be the part if IPD only.
10. Preventive medical programmes for the community through free medical check-up's as per the avibility of medical staff. Kalinga University will conduct the free behavioral training programme for Urmila memorial hospital staff.
11. Kalinga University will include Urmila memorial hospital as a health partner in any industrial or other related programmes.
12. Urmila Memorial Hospital facilitated kalinga university with free health talk of their doctors.
13. Kalinga University will provide a scope for preventive check-ups for their existing staff.
14. Kalinga University will facilitate their on roll student or pass out student to Urmila memorial hospital under the students campus placement programmes.

This agreement will be valid for a period of two years, after which it can be renewed on mutually, agreed terms.

For
Kalinga University,
Naya Raipur.

Dr. Sandeep Gandhi
Registrar
+91 9303097043

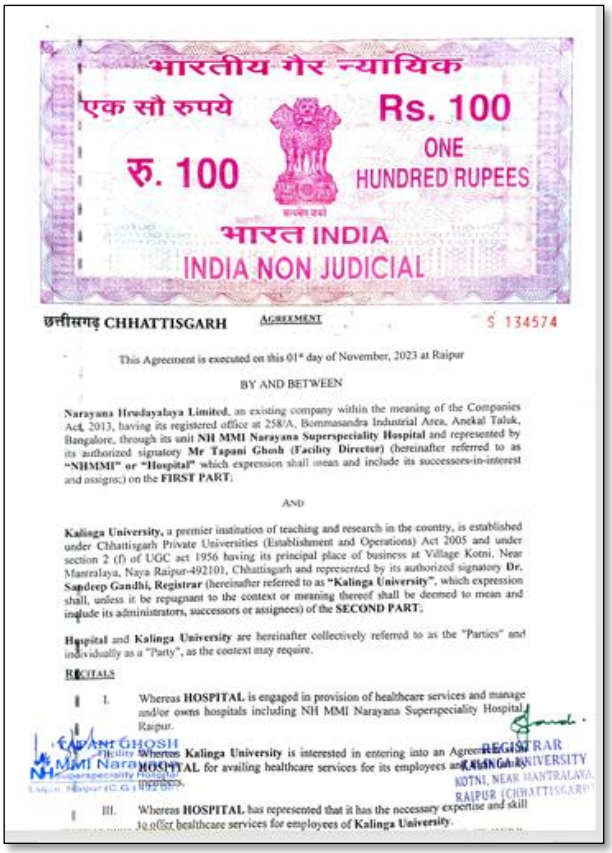
REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

For
Urmila Memorial Hospital,
Raipur.

Urmila Memorial Hospital
Nahar Road Bhatagaon
Raipur (C.G.)

Dr. Sangya Shrivastava
CEO
+919993561514

- **NH MMI Narayana Superspeciality Hospital, Raipur, Chhattisgarh**



भारतीय गैर न्यायिक
एक सौ रुपये
Rs. 100
ONE HUNDRED RUPEES
रु. 100
भारत INDIA
INDIA NON JUDICIAL

छत्तीसगढ़ CHHATTISGARH AGREEMENT S 134574

This Agreement is executed on this 01st day of November, 2023 at Raipur

BY AND BETWEEN

Narayana Hrudayalaya Limited, an existing company within the meaning of the Companies Act, 2013, having its registered office at 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore, through its unit **NH MMI Narayana Superspeciality Hospital** and represented by its authorized signatory **Mr Tapani Ghosh (Facility Director)** (hereinafter referred to as **"NHMMI" or "Hospital"** which expression shall mean and include its successors-in-interest and assigns;) on the **FIRST PART**;

AND

Kalinga University, a premier institution of teaching and research in the country, is established under Chhattisgarh Private Universities (Establishment and Operations) Act 2005 and under section 2 (f) of UGC act 1956 having its principal place of business at Village Kotni, Near Mantralaya, Naya Raipur-492101, Chhattisgarh and represented by its authorized signatory **Dr. Sandeep Gandhi, Registrar** (hereinafter referred to as **"Kalinga University"**, which expression shall, unless it be repugnant to the context or meaning thereof shall be deemed to mean and include its administrators, successors or assignees) of the **SECOND PART**;

Hospital and **Kalinga University** are hereinafter collectively referred to as the "Parties" and individually as a "Party", as the context may require.

RECITALS

I. Whereas **HOSPITAL** is engaged in provision of healthcare services and manage and/or owns hospitals including NH MMI Narayana Superspeciality Hospital, Raipur.

II. Whereas **Kalinga University** is interested in entering into an Agreement with **HOSPITAL** for availing healthcare services for its employees and their dependents.

III. Whereas **HOSPITAL** has represented that it has the necessary expertise and skill to offer healthcare services for employees of **Kalinga University**.

TAPANI GHOSH Facility Director NH MMI Narayana Superspeciality Hospital

REGISTRAR KALINGA UNIVERSITY KOTNI, NEAR MANTRALAYA, RAIPUR (CHHATTISGARH)



No waiver by any Party of any default with respect to any provision, condition or requirement hereof shall be deemed to be waiver of any other provision, condition or requirement hereof nor act as waiver of any remedy available for breach of that very provision, condition or requirement in the future. No delay or omission of any Party to exercise any right hereunder on one occasion in any manner shall impair the exercise of any such right or any other occasion.

ARTICLE 17 – AMENDMENT

Any variation or amendment or addition of to this Agreement shall be mutually agreed to in writing and executed by or on behalf of each of HOSPITAL and **Kalinga University** authorized representatives.

ARTICLE 18 – FORCE MAJEURE

Neither party shall be liable for any failure nor delay in performance under this agreement to the extent said failures or delays are in the nature of Acts of God including floods, fires, earthquakes, wars, riots, acts of governments occurring without its fault or negligence or the effects of which persist despite reasonable efforts undertaken by the party unable to perform to mitigate the effects, and such party does everything reasonably possible to resume its performance under this agreement. A party affected by an event of force majeure shall give the other party written notice, with full details as soon as possible and in any event not later than three calendar days of the occurrence of the cause relied upon. If force majeure applies, dates by which performance obligations are scheduled to be met will be extended for a period of time equal to the time lost due to any delay so caused. In the event force majeure event continues for sixty (60) days or more, the non-affected party shall have the right to terminate the Agreement by giving a further notice of 15 days to the other party without assigning any reasons.

ARTICLE 19 – MISCELLANEOUS

This agreement does not benefit either directly or indirectly and in any way, any of the related parties of the Hospital or any of its subsidiaries.

ARTICLE 20 - EXECUTION AND AUTHORITY.

This Agreement can be signed in any number of original counterparts, each of one will be deemed to be original and all counterparts shall form and constitute one single document. By executing this Agreement through their respective signatories, the Parties agree that this Agreement forms a binding contractual obligation of each Party as regards its obligations and liabilities in terms of this Agreement.

EXECUTED BY THE PARTIES ON THE DATE, MONTH AND YEAR FIRST ABOVE MENTIONED, ACTING THROUGH THEIR AUTHORIZED SIGNATORIES

Executed for and on behalf of	Executed for and on behalf of
NH MMI NARAYANA SUPERSPECIALITY HOSPITAL (A UNIT OF NARAYANA HRUDAYALAYA LIMITED)	**Kalinga University** Village Kotni, Near Mantralaya, Naya Raipur

TAPANI GHOSH Facility Director NH MMI Narayana Superspeciality Hospital

REGISTRAR KALINGA UNIVERSITY KOTNI, NEAR MANTRALAYA, RAIPUR (CHHATTISGARH)

- **Saptgiri Hospital, Mandir Hasaud Chowk, Raipur, Chhattisgarh- 492101.**



KALINGA UNIVERSITY

Date: 06/10/2023

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding is entered on **06/10/2023** between **Kalinga University,** Village Kotni, Near Mantralaya, Naya Raipur-492101, Chhattisgarh and **Saptgiri Hospital**, Mandir Hasaud Chowk, Raipur, Chhattisgarh- 492101.

The **Kalinga University**, a premier institution of teaching and research in the country, is established under Chhattisgarh Private Universities (Establishment and Operations) Act 2005 and under section 2 (f) of UGC act 1956. The Primary purpose of Kalinga University is to provide a learning environment in which faculty, staff and students can discover, examine critically, preserve and transmit the knowledge, wisdom and values that will ensure the survival of future generations and improve the quality of life for all. The University seeks to help students to develop an understanding and appreciation for potential of intellectual, physical and human development. Kalinga University aims to be and outstanding institution for Talent Development and Knowledge creation for a vibrant and inclusive society.

Saptgiri Hospital provides medical care including ALL MAJOR & MINOR SURGERIES, INTENSIVE CARE UNIT (ICU), OPD and IPD services primarily in the fields of Orthopedics (including Spine Surgery, Sports Injury, Arthroplasty), Obstetrics & Gynecology (Including Infertility, PCOD, Weight Management), Pediatrics & Neonatology, General Medicine (Including Diabetology, Cardiology, Hepatology). They also have a community outreach program for carrying out health checkup camps for community.

Kalinga University is looking for organizations to partner it in its endeavors and **Saptgiri Hospital** has agreed to partner it in its health program.

Saptgiri Hospital shall provide the services of consultation, diagnostics, medication and hospitalization to the staff & students of **Kalinga University**, Naya Raipur, on the following terms:-

06/10/2023 REGISTRAR KALINGA UNIVERSITY KOTNI, NEAR MANTRALAYA, RAIPUR (CHHATTISGARH)

Campus:
Kalinga University, Kotni, Near Mantralaya,
Naya Raipur - 492 101. Chhattisgarh

Mob: +91 9303097043
E-mail: registrar@kalingauniversity.ac.in
Website: www.kalingauniversity.ac.in



1. Acute and chronic medical care at Saptgiri Hospital
2. Emergency Hospitalization of students & staff without insisting on any Initial Deposit Amount (for 24 hours).
3. Hospital is pleased to offer a Special Discount upto 40% in all pathological tests, Bed Charges and OPD Charges in all IPD cases.
4. Free re - visit to the Hospital for further follow up within 15 days.
5. Patients will pay towards Medicines and consumables as per the bill immediately.
6. Charges for treatment would be applicable as per the Saptgiri Hospital rate plan.
7. Specialist Consultants visiting the patients are chargeable separately.
8. Credit facilities for all the expenses incurred during general investigations and hospitalization of students, which Kalinga University / Guardian of patient will pay at the time of discharge failing which Hospital will raise bills in the name of Kalinga University.
9. Free of cost advice on nutrition, diets, and menu planning.
10. Saptgiri Hospital and Kalinga University will mutually collaborate for Preventive Medical Programmes for the community through free medical checkup camps from time to time which includes quarterly health education program.

This agreement will be valid for a period of two years, after which it can be renewed on mutually agreed terms and conditions.

For
Kalinga University,
Naya Raipur.

06/10/2023

Dr. Sandeep Gandhi
Registrar
9303097043

REGISTRAR KALINGA UNIVERSITY KOTNI, NEAR MANTRALAYA, RAIPUR (CHHATTISGARH)

Witness:

Dr. A. Vijayanand
9294771272
CHIEF PROCTOR
KALINGA UNIVERSITY
KOTNI NEAR MANTRALAYA
RAIPUR, CHHATTISGARH

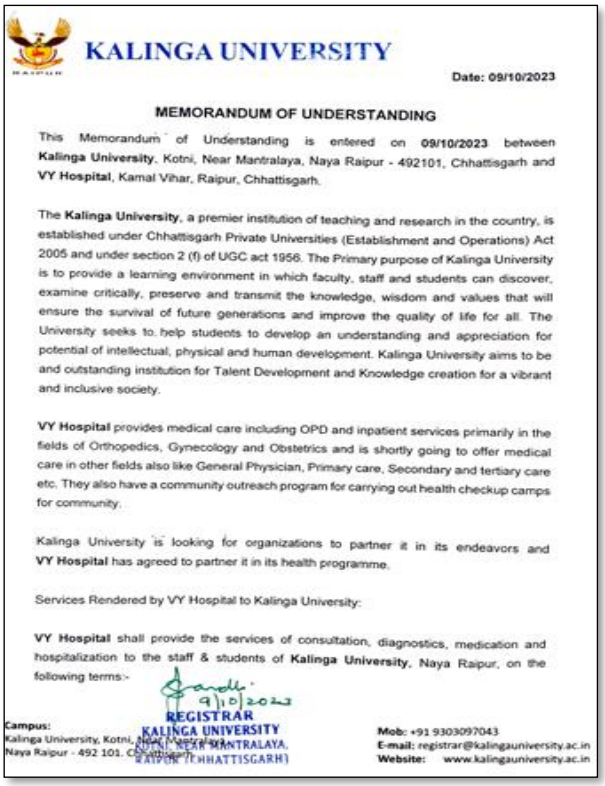
For
Saptgiri Hospital,
Mandir Hasaud, Raipur.

Dr. Kiran Dasari
Director
8815542841

Witness:

Ms. Priya Chandrakar (HR)
9575153297

- **VY Hospital, Kamal Vihar, Raipur, Chhattisgarh**



KALINGA UNIVERSITY

Date: 09/10/2023

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding is entered on **09/10/2023** between **Kalinga University**, Kotni, Near Mantralaya, Naya Raipur - 492101, Chhattisgarh and **VY Hospital**, Kamal Vihar, Raipur, Chhattisgarh.

The **Kalinga University**, a premier institution of teaching and research in the country, is established under Chhattisgarh Private Universities (Establishment and Operations) Act 2005 and under section 2 (f) of UGC act 1956. The Primary purpose of Kalinga University is to provide a learning environment in which faculty, staff and students can discover, examine critically, preserve and transmit the knowledge, wisdom and values that will ensure the survival of future generations and improve the quality of life for all. The University seeks to help students to develop an understanding and appreciation for potential of intellectual, physical and human development. Kalinga University aims to be and outstanding institution for Talent Development and Knowledge creation for a vibrant and inclusive society.

VY Hospital provides medical care including OPD and inpatient services primarily in the fields of Orthopedics, Gynecology and Obstetrics and is shortly going to offer medical care in other fields also like General Physician, Primary care, Secondary and tertiary care etc. They also have a community outreach program for carrying out health checkup camps for community.

Kalinga University is looking for organizations to partner it in its endeavors and **VY Hospital** has agreed to partner it in its health programme.

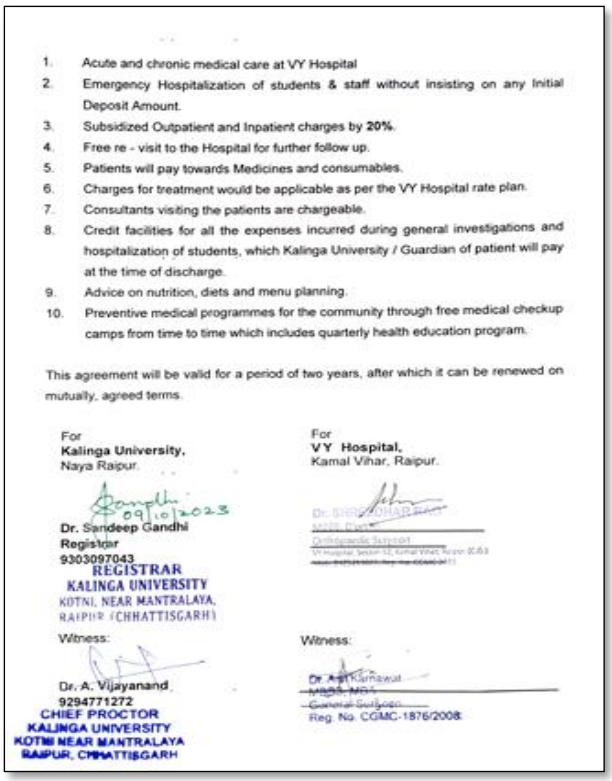
Services Rendered by VY Hospital to Kalinga University:

VY Hospital shall provide the services of consultation, diagnostics, medication and hospitalization to the staff & students of **Kalinga University**, Naya Raipur, on the following terms:-

9/10/2023
REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Campus:
Kalinga University, Kotni, Near Mantralaya,
Naya Raipur - 492 101, Chhattisgarh

Mob: +91 9303097043
E-mail: registrar@kalingauniversity.ac.in
Website: www.kalingauniversity.ac.in



1. Acute and chronic medical care at VY Hospital
2. Emergency Hospitalization of students & staff without insisting on any Initial Deposit Amount.
3. Subsidized Outpatient and Inpatient charges by **20%**.
4. Free re - visit to the Hospital for further follow up.
5. Patients will pay towards Medicines and consumables.
6. Charges for treatment would be applicable as per the VY Hospital rate plan.
7. Consultants visiting the patients are chargeable.
8. Credit facilities for all the expenses incurred during general investigations and hospitalization of students, which Kalinga University / Guardian of patient will pay at the time of discharge.
9. Advice on nutrition, diets and menu planning.
10. Preventive medical programmes for the community through free medical checkup camps from time to time which includes quarterly health education program.

This agreement will be valid for a period of two years, after which it can be renewed on mutually agreed terms.

For
Kalinga University,
Naya Raipur.

09/10/2023
Dr. Sandeep Gandhi
Registrar
9303097043
REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)

Witness:

Dr. A. Vijayanand
9294771272
CHIEF PROCTOR
KALINGA UNIVERSITY
KOTNI NEAR MANTRALAYA
RAIPUR, CHHATTISGARH

For
VY Hospital,
Kamal Vihar, Raipur.

Witness:

Dr. Anil Kamavat
MBBS, MS
General Surgeon
Reg. No. CGMC-1876/2008

Collaborative Wellness Summary Report: 2024-25 Medical Initiatives

Executive Overview

In September 2024, Kalinga University executed a comprehensive series of medical wellness initiatives designed to safeguard the health of its campus community and strengthen the institutional bond between the university and leading regional healthcare providers. The primary objective of these programs was to provide accessible health screenings, promote preventive care through expert consultation, and facilitate the early detection of potential health issues. These initiatives were successfully realized through strategic collaborations with **City Eye Care Hospital** and **Urmila Memorial Hospital**, ensuring that students, faculty, and staff received high-caliber clinical attention.

➢ Free Eye and Dental Checkup Camp (September 3, 2024)

- **Date:** September 3, 2024
- **Time:** 10:00 AM to 05:00 PM
- **Venue:** Medical Room (New Building), NBGF-09
- **Organizing Bodies:** Dean of Students' Welfare & Chief Proctor
- **University Leadership Presence:** The camp was inaugurated in the presence of Lt. Vibha Chandrakar (In-charge Dean of Students' Welfare), Dr. A. Vijayanand (Chief Proctor), Dr.

Mohammed Shaharyar Khan, Mr. Sheikh Abdul Kadir (Deputy Dean of Students' Welfare), and Ms. Nikita Joshi (Assistant Dean of Students' Welfare).

- **Number of Beneficiaries – 80**
- **Outcome of the Program -** Promoted awareness of eye care, oral hygiene, and preventive healthcare. The programme facilitated basic eye and dental screenings, helped identify potential health concerns, and encouraged participants to seek timely medical consultation, supporting early diagnosis and improved overall health and well-being.

Clinical Partnership & Personnel

The university partnered with **City Eye Care Hospital**, which deployed a specialized medical team to the campus. Key experts and clinical staff included:

- **Dr. Manish Shrivastava:** Senior Ophthalmologist
- **Dr. Atish Sahu:** Dental Consultant (Inaugural Authority)
- **Clinical Support Staff:** Ms. Suman Chouhan (Staff Nurse) and Mr. Kuldeep Banjare (Staff Nurse).

Services & Health Education

The initiative focused on two critical areas of specialized health:

- Comprehensive eye examinations and visual acuity tests.
- Professional dental screenings and oral hygiene consultations.
- Distribution of free eye drops to participants.

Expert Recommendations

Dr. Manish Shrivastava provided strategic health advice to participants, emphasizing the necessity of adapting to modern digital demands. His recommendations included:

- **Screen Time Management:** Strategies to mitigate digital eye strain.

- **Preventive Ocular Care:** Regular eye exercises designed to reduce ocular stress and maintain visual health.





Free Eye and Dental Checkup Camp – Promoting Health and Well-Being

Free Health Checkup Camp & Heart Wellness Session (September 13, 2024)

Event Logistics & Leadership

- **Date:** September 13, 2024
- **Time:** 10:00 AM to 05:00 PM
- **Venues:** Medical Room NBGF-09 and the University Auditorium
- **Inaugural Authority:** The event was inaugurated by Vice Chancellor **Dr. R. Shridhar**. Other attending officials included Dr. A. Vijayanand, Lt. Vibha Chandrakar, Mr. Sheikh Abdul Kadir, and Ms. Nikita Joshi.

- **Number of Beneficiaries – 75**
- **Outcome of the Program -** Promoted preventive healthcare and cardiovascular health awareness. The programme encouraged participants to undergo basic health screenings, understand heart disease risk factors, adopt healthier lifestyle practices, and seek timely medical consultation for early detection and better long-term health outcomes.

Clinical Partnership & Personnel

The program was conducted in collaboration with **Urmila Memorial Hospital**. The partnership was represented by a high-level executive and clinical team:

- **Dr. Vinod Kumar Singh:** Medical Director (General and Laparoscopic Surgeon)
- **Dr. Jinesh Kumar Jain:** Cardiologist

- **Administrative Leadership:** Dr. Sangya Shrivastava (CEO), Mr. Rajesh Dubey (Corporate Head), and Mr. Chandrakant Gupta (Marketing Executive).
- **Clinical Nursing Team:** Suman Chouhan, Kuldeep Singh, Thupendrai, Sonamani, Giteshwari, Somnath, and Dinesh.

Diagnostic Services

The camp provided advanced diagnostic screenings for comprehensive health assessment:

- Blood Pressure and Blood Sugar monitoring.
- Electrocardiogram (ECG) for cardiac health screening.
- Pulmonary Function Test (PFT) for respiratory evaluation.
- Urine Flow Test (UFT) specifically for male participants.

Interactive Heart Health Session

In the University Auditorium, Dr. Jinesh Kumar Jain led an educational session focused on cardiac wellness. Utilizing a PowerPoint presentation, Dr. Jain provided detailed guidance on heart care. This was followed by an interactive Q&A segment specifically designed for faculty members to address clinical doubts regarding cardiovascular health.





Promoting Heart Health Through Preventive Care

3.3.2. Health Outreach Programmes

Kalinga University has undertaken numerous community outreach and extension activities aimed at promoting health, hygiene, and overall well-being, particularly among underprivileged and vulnerable sections of society. Through initiatives such as *Malaria Prevention Awareness Programmes, Cancer Prevention and Healthy Lifestyle Campaigns, PCOD/PCOS Awareness Workshops, Eye Check-up Camps, Full Body Health Check-up Camps, Blood Donation Camps,* and *Self-Medication Awareness*

Drives, Excursion cum Industrial Visit To "Shree Dhanwantari Herbals" the University has worked to enhance public understanding of disease prevention, early diagnosis, healthy living practices, and responsible healthcare behavior. The health screening camps have enabled community members to access preventive healthcare services, identify potential health issues at an early stage, and receive appropriate medical guidance.

Programmes such as *Drug De-addiction Seminars* and *Life Skills for Drug Awareness* have further contributed to reducing substance abuse and encouraging positive lifestyle choices among youth and communities. The University has also placed significant emphasis on hygiene, sanitation, and nutrition through activities including *Menstrual Hygiene Awareness Campaigns* and workshops on *Improving Hygiene Practices in Schools*. These interventions have helped spread awareness regarding personal hygiene, sanitation, waste management, and the prevention of communicable diseases.

Additionally, initiatives addressing *Women's Health Issues in Rural Communities* and *Food Quality Testing in Anganwadi Centres* have focused on improving maternal and child health outcomes. Through these impactful programmes, Kalinga University demonstrates its strong commitment to social responsibility, community engagement, and sustainable public health development, creating meaningful and lasting improvements in the quality of life of marginalized populations while contributing significantly to the creation of a healthier and more resilient society.

List of Events:

Media Coverage Web Page Link: https://kalingauniversity.ac.in/media

Sl. No.	Event Title	Date	Organizing Department	Number of Participants	Outcome
1	Standard Writing Competition (Topic: Indian Standard IS: 6541, "Hygienic Conditions for the Preparation and Supply of Foods/Meal in schools")	24-02-2025	Faculty of Technology	52	Promoted awareness of food hygiene standards, safe food preparation, and hygienic meal supply in schools.
2	Health & Wellness Through Ayurveda	07-03-2025	Dr. A. Vijayanand (Chief Proctor)	60	Encouraged awareness of Ayurveda, preventive healthcare, and holistic approaches to health and well-being.
3	Marathon 'Run for Mann'	09-03-2025	Young India, Raipur	515	Promoted physical fitness, mental well-being, stress

					management, and awareness of mental health.
4	International Yoga Day 2025	21-06-2025	Department of Yoga, Faculty of Science	100	Encouraged yoga practice for physical fitness, mental peace, stress reduction, and a healthy lifestyle.
5	Blood Donation Camp	13-02-2025	Dean of Students' Welfare	80	Raised awareness of voluntary blood donation and contributed to supporting patients requiring blood transfusions.
6	International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"	25-03-2025 to 26-03-2025	Faculty of Pharmacy	634	Facilitated knowledge exchange, research collaboration, and discussion of emerging pharmaceutical and allied healthcare innovations.
7	Doctor's Day Celebration	01-07-2024	Dean of Students' Welfare	26	Recognised the contributions of medical professionals and promoted awareness of healthcare services and the medical profession.
8	Redefining Menstrual Stigma as a Matter of Menstrual Health Hygiene: Behaviour Shift to Empower Skilful Youth	15-07-2024	Behaviour Club (UNICEF Unit)	30	Promoted menstrual hygiene awareness, challenged social stigma, and encouraged informed and responsible health practices among youth.
9	4th National Pharmacovigilance Awareness on "Building ADR and Reporting Culture for Patient Safety"	17-09-2024	Faculty of Pharmacy	120	Strengthened awareness of adverse drug reaction (ADR) reporting and the importance of medication safety and pharmacovigilance.
10	World Pharmacist's Day	25-09-2024	Faculty of Pharmacy	120	Highlighted the role of pharmacists in patient care, the safe use of medicines, and public health promotion.
11	Free Health Checkup Camp 2024	13-09-2024	Dean of Students' Welfare	75	Supported early identification of potential health concerns and promoted preventive healthcare through health screening.

Program Highlights and Event Reports:

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A
Report on
Excursion cum Industrial Visit
To
"Shree Dhanwantari Herbals"

Organized by

Department of Biotechnology, Kalinga University,
Naya Raipur
On
28/12/2024-8/01/2025

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Title: Excursion cum industrial visit to "Shree Dhanwantari Herbals", Amritsar, Punjab

Date: 28/12/2024-8/01/2025 (SDH Visit -31/12/2024)

Time: 9.30AM to 3.00 PM

Event Type: Offline

Attended by: Biotechnology department students and faculty members

Objective of the program:

The **objective of an excursion cum industrial visit to Shree Dhanwantri Herbals** is to provide students and professionals with **practical exposure** to Ayurvedic medicine manufacturing, research, and business operations and **Nature Excursion** is to provide participants with an immersive experience in natural environments, fostering a deeper understanding and appreciation of nature. Promote Environmental Awareness with importance of protecting natural habitats of herbs and flora. It aims to.

1. **To learn Sample collection techniques from natural habitats & Understanding Ayurvedic Formulations** – Learn how collect and maintain sample from natural habitats & traditional Ayurvedic principles are integrated with modern technology.
2. **Observing Manufacturing Processes** – Gain insights into the production of herbal medicines, including raw material selection, processing, and packaging.
3. **Exploring Quality Control Measures** – Understand the importance of **ISO 9001:2015 and GMP certifications** in ensuring product safety and efficacy.
4. **Learning About Research & Development** – Discover how the company innovates new formulations and improves existing products.
5. **Understanding Business & Distribution** – Get insights into the supply chain, marketing strategies, and distribution network of Ayurvedic products.
6. **Exploring Sustainability & Ethical Practices** – Learn about eco-friendly production methods and ethical sourcing of herbal ingredients.
7. **Regulatory Compliance** – Understand the legal and regulatory aspects of Ayurvedic medicine manufacturing.

Program schedule: Program was scheduled from 28/12/2020-8/1/2025(SDH visit date 31 December 2024 from 9.30AM to 3.00 PM)

Details of program:

[Amritsar, Punjab] The industrial visit to Shree Dhanwantari Herbals was organized for students of Department of Biotechnology to bridge the gap between theoretical knowledge and practical exposure. The visit provided an excellent opportunity for students to undeestand the natural habitats of herbs & the process involved in manufacturing herbal and Ayurvedic products, blending traditional formulations with modern science and the role of modern technology in large scale production alongwith site seen of nature, religious places with fun learning environment.

Details of the visit:

Date: 28/12/2020-8/1/2025

Participants: BSCBT II, IV, VI and MBT II, IV students, Ph.D. scholar, Biotechnology, BZBC II & IV semester

No. of students: 74

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6. **Packaging & Distribution** – Final product is packed in hygienic conditions and distributed.

After completion of the visit the industry representative interacted with students and clarify doubts of the students and provided valuable about the industry, career opportunities for Biotechnology students etc. After brief discussion, a quick snack break, followed by a photography session was done where group photo of students in front of the industry has been taken and after that student boarded the designated busses at 2.00 PM. The bus departed from SDH at 2.30 PM and the group returned to the hotel by 3.30 PM.after that they continue their excursion journey for golden temple, Manali, Manikaran etc and journey is over on the date of 8/1/2025 at Raipur.

Learning Outcomes

An Excursion cum **industrial visit to Shree Dhanwantri Herbals** can provide valuable insights into Nature, Ayurvedic medicine manufacturing, research, and business operations.

1. **Understanding Ayurvedic Formulations** – Learn how traditional Ayurvedic principles are integrated with modern science to create herbal medicines.
2. **Manufacturing Process** – Observe the step-by-step production of herbal products, including raw material selection, processing, and packaging.
3. **Quality Control & Certifications** – Gain knowledge about **ISO 9001:2015 and GMP certifications**, ensuring product safety and efficacy.
4. **Research & Development** – Explore how the company invests in **R&D** to innovate new formulations and improve existing products.
5. **Business & Distribution** – Understand the supply chain, marketing strategies, and distribution network of Ayurvedic products.
6. **Sustainability & Ethical Practices** – Learn about eco-friendly production methods and ethical sourcing of herbal ingredients.
7. **Regulatory Compliance** – Get insights into the legal and regulatory aspects of Ayurvedic medicine manufacturing.

Glimpse of event (geotag-photograph):





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Certificate provided by SDH to students



List of students: 74

SNo	Name	Class and Semester
1	Abhijeet Kumar	BSCBT 2ND SEM
2	Abhishek kumar	BSCBT 4TH SEM
3	Aditi Sahu	BSCBT 4TH SEM
4	Akshita pathkra	BSCBT 2ND SEM
5	Aneli Debnath	MBT 2ND SEM
6	Anamika Bhandari	BSCBT 2ND SEM
7	Anamika Sharma	BSCBT 4TH SEM
8	Anand kumar	MBT 2ND SEM
9	Ananya Dewangan	BSCBT 2ND SEM
10	Aniruddha Banak	MBT 2ND SEM
11	ANJANI KUMAR YADAV	BSCBT 4TH SEM
12	Ankita Dalal	BSCBT 2ND SEM

Enhancing Practical Knowledge through an Excursion cum Industrial Visit to Shree Dhanwantari Herbals, December 2024–January 2025.

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A

Report on

"Trainers Training Certification Course on the Prevention of Sexual Harassment (POSH) Act, 2013"

Organized by

"Faculty of Law Kalinga University, Naya Raipur, in association with the Indian National Bar Association (INBA), New Delhi."

On

11/1/2025, 12/1/2025, 18/1/2025, 19/1/2025, 25/1/2025, 26/1/2025,1/2/2025, 2/2/2025, One Month Certification Course, every Saturday and Sunday

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Title- "Trainers Training Certification Course on the Prevention of Sexual Harassment (POSH) Act, 2013"

Date: [11/1/2025, 12/1/2025, 18/1/2025, 19/1/2025, 25/1/2025, 26/1/2025,1/2/2025, 2/2/2025, One Month Certification Course, every Saturday and Sunday]

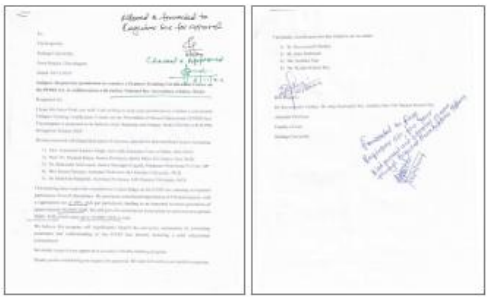
Time of event: 06:30 PM to 8:30 PM

Event Type: Online

Venue: Microsoft Teams App

IOM/Circular:

Please attach the IOM or circular related to the event.



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Event Poster:

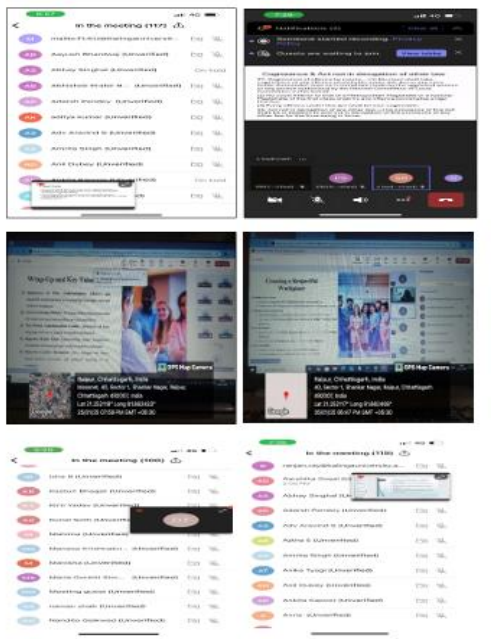


Objective of Program:

1. **Understanding the POSH Act, 2013:**
   - To provide participants with a comprehensive understanding of the legal framework, including the definitions, scope, and provisions of the POSH Act.
   - To ensure that participants are familiar with the roles and responsibilities of employers, employees, and Internal Complaints Committees (ICC).
2. **Building Awareness on Sexual Harassment:**
   - To help trainers identify what constitutes sexual harassment in the workplace, including verbal, non-verbal, and physical forms.
   - To promote a deeper understanding of the psychological and emotional impact of sexual harassment on the victims and the workplace environment.
3. **Skill Development for Conducting Trainings:**
   - To develop the necessary skills in trainers for effectively delivering POSH-related awareness and training sessions.

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Strengthening Awareness and Compliance with the POSH Act, 2013, through a One-Month Trainers Training Certification Course.

A

Report on

"Blood Donation Camp"

Related to SDG No: 3

Organized by

"Dean of Students' Welfare"

On

13-02-2025

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Mob: 93030 97043, Email – registrar@kalingauniversity.ac.in

Title- "Blood Donation Camp"

Date: 13th February 2025

Time of event: 10:00 PM Onwards

Event Type: Offline

Venue: Medical room

IOM/Circular:

Event Poster:





Details of Program:

The camp was inaugurated by the Director General of Kalinga University, Dr. Byju John, who formally opened the event by cutting the ribbon. The inauguration ceremony was attended by various prominent figures, including Lt. Vibha Chandrakar, In-charge Dean of Students' Welfare; Dr. A Vijayanand, Chief Proctor; Dr. Nuresh Khute, Assistant Dean of Academic Affairs and Assistant Professor of Mechanical Engineering Department; Dr. Ruchi Chandrakar, Assistant Dean of Academic Affairs and Assistant Professor of Civil Engineering Department;
Mr. Sheikh Abdul Kadir, Deputy Dean of Students' Welfare; Ms. Nikita Joshi, Assistant Dean of Students' Welfare; Ms. Suman Chouhan, Staff Nurse; and Ms. Sneha Mahto, among others.
Lt. Vibha Chandrakar and Dr. A Vijayanand, along with their dedicated team, efficiently coordinated and managed the entire blood donation camp. The event witnessed enthusiastic participation from both faculty and students of Kalinga University. Throughout the day, a total of 65 units of blood were donated, contributing to the noble cause of saving lives and supporting those in need.

The team from Good Hope Blood Centre, which played a crucial role in the camp's success, included Dr. D.V. Baghel, Medical Officer, and lab technicians Mr. Hitesh Chandrakar, Mr. Udho Ram Parker, Mr. Ram Narayan Sahu, Mrs. Shartila Sahu, Ms. Khushboo Sahu, Dr. Dhananjay Sahu, and Mr. Yogesh Sinha. Their professionalism and expertise ensured the smooth operation of the donation process.

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Photo Gallery:





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Blood Donation for a Healthier Community – Organized by the Dean of Students' Welfare on 13 February 2025

A

Report

On

Standard Writing Competition

Topic: Indian Standard IS: 6541, "Hygienic Conditions for the Preparation and Supply of Foods/Meal in schools."

Related to SDG No.(s) 3

Organized by

"Faculty of Technology"

In Association with

Standard Club of Bureau of Indian Standard

On

Date: 24th February 2025

Title- "Standard Writing Competition on Indian Standard IS: 6541, "Hygienic Conditions for the Preparation and Supply of Foods/Meal in schools"

Date: 24th FEB 2025

Time of event: 2:00PM – 3:00PM

Mode of event: Offline

Venue: Main Building , Second Floor(MBSF-01)

Details of Program:

The Faculty of Technology, In association with the Standard Club of the Bureau of Indian Standards, organized a **Standard Writing Competition** on **24th February 2025**. The event focused on **Indian Standard IS: 6541**, which outlines guidelines for ensuring **hygienic conditions in the preparation and supply of food/meals in schools**. The competition aimed to raise awareness about food safety standards and their role in maintaining student health and well-being.

The event was conducted in **offline mode** at **Main Building, Second Floor (MBSF-01)** from **2:00 PM to 3:00 PM**. A total of **30 participants registered**, out of which **22 attended** the event. Participants engaged in writing structured and analytical content, highlighting the significance of implementing hygiene standards in school meal programs.

The competition was aligned with the **Sustainable Development Goals (SDGs)**, particularly those related to **health, well-being, and quality education**. It provided a platform for students to explore the **importance of Indian standards in food safety** and to develop their technical writing skills. The event successfully encouraged discussions on best practices for food hygiene in schools, contributing to the broader mission of public health and safety.

Objective of Program:

- To promote awareness by encouraging participants to understand the importance of Indian Standard IS
  6541 in ensuring hygienic food preparation and supply in schools contributing to student health and well-
  Being
- To enhance technical writing skills by developing participants' ability to analyze interpret and effectively
  communicate standardized guidelines related to food safety and hygiene in educational institutions.
- To encourage implementation of best practices by inspiring students and professionals to advocate for and
  adopt hygienic food handling practices in school meal programs aligning with national standards and Sustainable Development Goal.

Program Outcome:

- Participants will gain a clear understanding of IS 6541 and its importance in maintaining hygienic conditions for food preparation in schools.

- Participants will develop structured and technical writing abilities focused on food safety standards.
- The competition will encourage participants to apply hygiene guidelines in real-life school environments, promoting better food safety practices

Number of Registered Participants: 30

Number of Attendees: 22



Related SDGs (Tick mark):

The 17 Sustainable Development Goals (SDGs) are:

1. **No poverty:** ☐
2. **Zero hunger:** ☐
3. **Good health and well-being:** ✓
4. **Quality education:** ☐
5. **Gender equality:** ☐
6. **Clean water and sanitation:** ☐
7. **Affordable and clean energy:** ☐
8. **Decent work and economic growth:** ☐
9. **Industry, innovation, and infrastructure:**
10. **Reduced inequalities:** ☐
11. **Sustainable cities and communities:** ☐
12. **Responsible consumption and production:** ☐
13. **Climate action:** ☐
14. **Life below water:** ☐
15. **Life on land:** ☐
16. **Peace, justice, and strong institutions:** ☐
17. **Partnerships for the goals:** ☐

Photo Gallery:



Dr. Swapnil Jain
(Mentor, Standard Club of BIS)

Building Awareness of Hygienic Food Preparation and Supply through IS 6541 – A Step Towards Good Health and Well-Being

A

Report on

"Health & Wellness Through Ayurveda"

Related to SDG No.(s) 03

Organized by

Dr. A. Vijayanand
(Chief Proctor)

In Association with

Dr. Sandeep Tiwari
Principal of Pharmacy

On

Date: 07.03.2025

Title - Health & Wellness Through Ayurveda

Date: 07.03.2025

Time of event: 3:00 pm

Mode of event: offline

Venue: University Campus

Event Poster:



Details of Program:

In an initiative aimed at promoting holistic health and well-being, Kalinga University organized a medical awareness session titled "A Practical Session on Health & Wellness through Ayurveda" on 7th March 2025. This session was an effort to introduce students and faculty members to the timeless practices and benefits of Ayurveda — one of the world's oldest healthcare systems.

Resource Person:

Dr. K. B. Srinivas Rao, a renowned Ayurveda Consultant and Panchkarma Specialist from Raipur conducted the session. With decades of experience in holistic medicine, Dr. Rao enlightened the audience on natural ways to boost immunity, manage stress, and maintain a balanced lifestyle through Ayurveda.

Objective of Program:

The primary goal of the session was to:

- Increase awareness of Ayurvedic principles and practices among university stakeholders.
- Promote natural and preventive healthcare measures.
- Provide practical insights into Panchakarma and daily wellness routines.

Program Outcome:

The session was informative, interactive, and impactful. It fostered a greater appreciation for India's traditional knowledge systems and encouraged participants to incorporate Ayurvedic practices into their daily lives.

Number of Attendees: 60

Related SDGs (Tick mark):

The 17 Sustainable Development Goals (SDGs) are:

1. No poverty: ☐
2. Zero hunger: ☐
3. Good health and well-being: ✓
4. Quality education: ☐
5. Gender equality: ☐
6. Clean water and sanitation: ☐
7. Affordable and clean energy: ☐
8. Decent work and economic growth: ☐
9. Industry, innovation, and infrastructure: ☐
10. Reduced inequalities: ☐
11. Sustainable cities and communities: ☐
12. Responsible consumption and production: ☐
13. Climate action: ☐
14. Life below water: ☐
15. Life on land: ☐
16. Peace, justice, and strong institutions: ☐

Photo Gallery:



Dr. K. B. Srinivas Rao



Students





Dr. A. Vijayanand
Chief Proctor
(Event Coordinator)

Health & Wellness Through Ayurveda" – Creating Awareness of Natural and Preventive Healthcare Practices

A

Report on

Marathon 'Run for Mann'

Related to SDG No.(s) 03

Organized by

"Young India, Raipur"

In Association with

"Bharat Rising &n CII"

On

Date: 09.03.2025

Event Poster:



Photo Gallery:



News Paper Coverage:


यंग इंडिया संग मैराथन में छलका उत्साह
सेल्फ बनाने युवाओं ने दिया संदेश


रन फॉर मन का हुआ आयोजन

मानसिक रूप से स्वस्थ रहने का संदेश लेकर राजधानी में छात्रों ने लगाई दौड़



रायपुर | मानसिक स्वास्थ्य जागरूकता के लिए यंग इंडिया रायपुर ने मैराथन का आयोजन किया। इसमें 500 से अधिक छात्रों ने उत्साह के साथ दौड़ लगाई। छात्रों को मानसिक स्वास्थ्य से जुड़े मिथकों को तोड़ने की शपथ दिलाई गई। कार्यक्रम की शुरुआत फुल-अप चैलेंज और जुंबा सेशन से हुआ। समापन समारोह में मुख्य अतिथि कलेक्टर गौरव कुमार सिंह शामिल हुए। साथ ही सभी प्रतिभागियों को मेडिटो दिया। इस दौरान चेयरपर्सन गौरव आसवानी और पंकज सोमानी भी मौजूद रहे।

Dr. Yogesh Vaishnaw
Yi Coordinator
Kalinga University

Run for Health, Run for Happiness: "Run for Mann" Marathon
Promoting Good Health and Well-Being

A

Report

On

DST-SERB/ANRF Govt. of India

Sponsored

International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"

Organized by

"Faculty of Pharmacy, Kalinga University"

On

25th–26th March 2025

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Title- Report on International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"

Date: 25th -26th March 2025

Event Type: Hybrid Mode Conference

Venue: Kalinga University Auditorium

Event Poster:



Objective of Program:

1. To provide a global platform for academicians, researchers, and industry professionals to share knowledge on advancements in pharmaceutical and allied sciences.
2. To explore emerging trends, innovations, and challenges impacting global health and well-being.

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Glimpse of event:



Lighting of the Lamp Ceremony by Dignitaries



Lighting of the Lamp Ceremony by Dignitaries



Chief Guest Mr. O.P. Choudhry Addressing the Gathering during the Inaugural Ceremony



Abstract Book Unveiled During Inaugural Ceremony



Scientific Session by Dr. Harish Rajak on HDAC Inhibitors in Cancer Treatment



Dr. Neeradi Dinesh Delivering a Keynote on Industry Advancements in Pharma

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Dr. Jitendra Wanker from Harvard Medical School, USA, delivering session on Oral Peptide



Lecture by Dr. Bhupendra Singh Bhoop on Nano carriers



Delegates and Participants Attending the Conference Sessions (Hybrid Mode)



Offline Oral Presentations by Student Researchers



Valedictory Address by Chief Guest Dr. R. Shridhar, Vice Chancellor, Kalinga University



Commending Students for Remarkable Contributions

DST-SERB/ANRF Government of India-Sponsored International Conference on Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-Being – SDG 3

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A

Report on

International Yoga Day 2025

Related to SDG No. 3,15,17

Organized by

"Department of Yoga, Faculty of Science"

In Association with

"Dean of Students' Welfare"

On

Date: 21.06.25

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Event Poster:



Objective of Program:

1. To bring awareness of yoga among common people.
2. To harmonize the mind and body with surroundings.
3. To bring a healthy atmosphere of mother earth through healthy living..

Details of Program:

Members of Kalinga University celebrated the 11th International Yoga Day with the theme of 'Yoga for One Earth, One Health' with enthusiasm and fervor on Saturday. The theme emphasizes how yoga supports not just individual well-being but also the health of our planet. The event was organized by the Faculty of Science (Department of Yoga) and the Dean Students' Welfare of Kalinga University with the support of Chhattisgarh Yoga Aayog, Government of Chhattisgarh. The event was attended by the faculty and other staff members of the University.

The International Yoga Day began by joining the online stage, set to witness the grand commencement of the event by the Hon'ble Prime Minister of India. Thereafter, Dr R Shridhar, Vice Chancellor, Kalinga University while addressing the attendees, shared his experience on divine healing powers of Yoga. He emphasized that regular practice Yoga

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News Paper Coverage:


कलिंगा विश्वविद्यालय, नया रायपुर में अंतर्राष्ट्रीय योग दिवस समारोह संपन्न

Aman Path News



International Yoga Day 2025 – Embracing Yoga for Holistic Health, Sustainable Living and Global Well-Being

A

Report on

"Doctor's Day Celebration"

Organized by

Dean of Students' Welfare

Executed by

"Chief Proctor & Medical Staff"

On

01.07.2024

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Mob: 93030 97043, Email – registrar@kalingauniversity.ac.in

Title- "Felicitation of Doctors by Kalinga University on National Doctor's Day"

Date: 01-07-20234

Time of event: 10:00 AM Onwards

Event Type: Offline

Event Poster: IOM/Circular:



Event Poster:



Objective of Program:

1. To recognize and appreciate Doctor's contribution.
2. To motivate and inspire Doctors in their noble profession.

Name of the doctors who were felicitated by the University:

1. Lt Gen. Dr Ashok Jindal --- Director, AIIMS
2. Dr. Mithilesh Choudhary — CMHO, Raipur District
3. Dr Sandeep Dave--- Ramkrishna Hospital
4. Dr Sunil Gouniyal ---Cardiologist
5. Dr Nikhil Motiramamni--- Cardiologist
6. Dr Satish Suryavanshi ---Cardiologist
7. Dr Ravi Goyal ---Dentist
8. Dr. Vijaylakshmi Anant — BMO Arang
9. Dr. Shridhar Rao — Director, V Y Hospital
10. Dr. Bhawna Sirohi — Director, Balco Hospital
11. Dr. Kiran Dasari — Director, Sapthagiri Hospital
12. Dr. K. S. Rai — Orthopaedic

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Number of Doctors participated: 23

Number of faculty & staff participated: 03

Program Outcome:

- Successfully felicitated 23 Doctors who have continuously contributing their services & support to Kalinga University.

Photo Gallery:









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News Paper cutting:



कलिंगा विवि ने डॉक्टर दिवस पर डॉक्टरों को किया सम्मानित

निम खासन नदी और नाले की कर रही लगातार सफाई

Chanel India News paper

Honouring the Dedication of Doctors and Medical Professionals – Doctor's Day Celebration, 1 July 2024

A

Report on

"Redefining Menstrual Stigma as a Matter of Menstrual Health Hygiene: Behaviour Shift to Empower Skilful Youth"

Organized by

Behaviour Club, a unit of UNICEF

at Kalinga University

On

15th July 2024.

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Event Poster:



Invitation to the resource person: (If applicable) – An invitation was sent through the phone.

Objectives:

- **Increase Awareness:** Educate participants about the importance of menstrual health and hygiene, highlighting its impact on overall well-being.
- **Foster Behavioural Change:** Encourage a shift in attitudes and behaviours towards menstruation, aiming to eliminate stigma and misconceptions.
- **Empower Youth:** Equip young individuals with the necessary skills and knowledge to manage menstrual health effectively and confidently.
- **Promote Open Dialogue:** Create a safe and supportive environment for open discussions on menstrual health, allowing participants to share experiences and learn from each other.
- **Build a Supportive Community:** Strengthen the community by promoting empathy, understanding, and support for menstrual health issues.
- **Provide Recognition:** Acknowledge and reward participants with certificates for their engagement and contribution to the event, reinforcing the value of their involvement.
- **Profile of Resource person (if applicable):**

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- **Ms. Tulika Sharma**
  Ms. Tulika Sharma has been serving at AIIMS Raipur, continuing her dedication to public health. In addition to her primary roles, she has also led special sessions on mental health in schools and colleges on behalf of the government, showcasing her commitment to mental health awareness and education.
- **Chandan Rai , Consultant - Communication for Development, UNICEF Raipur**
  Chandan Rai is a dedicated and experienced professional specializing in Communication for Development. In his role at UNICEF Raipur, Chandan has consistently demonstrated his expertise in designing and implementing effective communication strategies to promote sustainable development and positive social change. His work focuses on engaging communities, raising awareness on critical issues, and fostering behavior change through targeted communication initiatives. Chandan's commitment to development and his ability to drive impactful campaigns have made him a valuable asset to UNICEF and a key contributor to the organization's mission in the Raipur region.

Program Schedule: 15th July 2024, 12:00pm to 3pm

Details of Program

On the occasion of World Youth Skill Day, the Behaviour Club, a unit of UNICEF at Kalinga University, is hosting a special online event titled 'Redefining Menstrual Stigma as a Matter of Menstrual Health Hygiene: Behaviour Shift to Empower Skilful Youth' on 15th July 2024, from 12 PM to 3 PM. This event is designed to raise awareness about menstrual health and hygiene, aiming to foster a behavioral shift that empowers youth with essential skills and knowledge. Participants will engage in meaningful discussions to break the stigma surrounding menstruation, promoting a more informed and supportive community. Certificates will be provided to all participants, recognizing their contribution to this crucial conversation. We invite everyone to join us in supporting and uplifting each other to make a positive impact on our community.

Program Outcome:

Increased Awareness: Participants will gain a deeper understanding of menstrual health and hygiene, including the importance of proper menstrual practices and the impact on overall health and well-being.
Behavioral Shift: The event will encourage a shift in attitudes and behaviors towards menstruation, helping to reduce stigma and misconceptions associated with it.
Empowerment: Youth will be equipped with the necessary skills and knowledge to manage menstrual health effectively, fostering a sense of confidence and self-reliance.
Open Dialogue: The program will create a safe space for open and honest discussions about menstruation, allowing participants to share experiences and learn from each other.
Community Support: By promoting empathy and understanding, the event will strengthen community support for menstrual health issues, leading to a more inclusive and supportive environment.
Recognition: Participants will receive certificates, acknowledging their active engagement and contribution to the event, reinforcing the value of their involvement.
Long-term Impact: The knowledge and skills gained during the event will have a lasting impact on participants, empowering them to advocate for menstrual health and hygiene in their communities.

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Number of Students participated: 20

Number of faculty participated: 10

Glimpse of Workshop

Photo Gallery:



Breaking Menstrual Stigma Through Awareness, Education and Empowerment – A Step Towards Good Health and Well-Being

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A

Report on

"Free Health Checkup Camp 2024"

Organized by

"Dean of Students' Welfare"

On

13-09-2024

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Lt. Vibha Chandrakar
In-charge Dean of Students' Welfare
Kalinga University, Naya Raipur

Free Health Checkup Camp 2024 – Encouraging Regular Health Screening and Preventive Care

A

Report on

4th national pharmacovigilance awareness

ON

"Building ADR and Reporting Culture for Patient Safety"

Organized by

"Faculty of Pharmacy, Kalinga University"

On

17th SEPTEMBER 2024

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Title- 4th national pharmacovigilance awareness **"Building ADR and Reporting Culture for Patient Safety"**

Date: 17. 09. 2024

Event Type: Offline

Venue: Auditorium, Kalinga University

Event Poster:



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1. **Enhance Reporting Mechanisms**: Develop and implement user-friendly systems and protocols for reporting ADRs that are accessible to healthcare professionals, patients, and caregivers, ensuring timely and accurate documentation of adverse events.
2. **Foster a Safety Culture**: Promote a culture of transparency and open communication within healthcare settings to encourage the reporting of ADRs without fear of retaliation or blame, emphasizing the importance of patient safety and continuous improvement.
3. **Increase Awareness and Training**: Provide comprehensive education and training for healthcare professionals and patients on recognizing, reporting, and managing ADRs, to ensure that all parties are informed about the significance of ADR reporting and its role in improving patient safety.

Program Schedule:

Sl. No	Title	Time
1	Inaugration of programme	2.00 PM
2	Welcome speech	2:10 AM – 2:20 PM
3	Expert talk	2:30 AM- 3.45 PM
4	Vote of thanks	3.45 PM- 3.55 PM

Details of the program:

To foster a proactive environment where healthcare professionals, patients, and regulatory authorities collaborate to improve the reporting and management of Adverse Drug Reactions (ADRs). The program will include keynote speeches by experts in pharmacovigilance, interactive workshops on effective ADR reporting systems, and panel discussions on integrating technology to streamline reporting mechanisms. Participants will also engage in case studies and hands-on sessions designed to highlight the importance of a transparent, non-punitive approach to reporting. The event seeks to raise awareness, enhance knowledge, and promote a culture of safety, accountability, and continuous improvement in healthcare systems to ensure better patient outcomes. The Expert Talk was organized under the guidance of **Dr. Sandip Prasad Tiwari (Principal)** Faculty of Pharmacy. The event was coordinated by Mr. Pranjul Shrivastava (Assistant Professor), Mr. Smrutiranjan Dash (Assistant Professor), Dr. Rupali Bharti Sao (Assistant Professor) with an organizing committee including Dr. Ashok Kumar, Dr. Indu Lata Kanwar, Mr. Ayushman Roy, Mr. Mrutunjaya Bhanja, Mr. Naimish Nanda, and Ms. Rashmi sinha. The Lecture were delivered by **Dr. Pugazhenthan Thangaraju (Coordinator - MvPI), Dr. Prafulla P. Thaware (Assistant Professor & Member Patient Safety Committee), and Dr. Vikas Katiyara (AMC, Senior resident I/C).** The event was attended by the students of M. Pharm, B. Pharm, Pharm.D, and D.Pharm. The speakers emphasized the critical role that young healthcare professionals can play in improving patient safety through vigilant ADR reporting. Drawing from real-life case studies and personal experiences, the expert demonstrated how proactive reporting can prevent harmful drug reactions and save lives. The talk encouraged students to be agents of change, promoting a culture of safety and transparency in their future careers.

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Program outcome:

• Participants gained knowledge on effective ADR reporting, improving their ability to identify and report adverse drug reactions. The program also promoted a culture of transparency and safety, encouraging continuous prioritization of patient well-being.

Number of Participants: above 120

Glimpse of event:



Submitted By
Dr. Sandip Prasad Tiwari
Principal at Faculty of Pharmacy

Building a Culture of Adverse Drug Reaction (ADR) Reporting for Safer Patient Care – National Pharmacovigilance Awareness 2024

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Report on

"WORLD PHARMACIST'S DAY"

Organized by

"Faculty of Pharmacy,

Kalinga University"

On

25th SEPTEMBER 2024

Title- World Pharmacist's Day Celebration on theme- "Pharmacist Meeting Global Health Needs"

Date: 25.09.2024

Event Type: Offline

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Venue: Pharmacy Building, Kalinga University

Event Poster



Objective of Program:

1. To recognize and honor pharmacists' vital role in healthcare systems worldwide.
2. It aims to raise awareness about the importance of pharmacists in promoting health, ensuring safe medication use, and improving patient outcomes.
3. Encourage students to engage with the theme and reflect on their future contributions to the healthcare system.
4. Foster creativity, knowledge, and teamwork through interactive and competitive activities

Events Schedule:

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1. Through the various competitions and activities, students not only gained a deeper understanding of the theme but also celebrated the profession of pharmacy.
2. The event fostered a sense of pride in the role of pharmacists in meeting global health needs and emphasized their contribution toward building healthier communities worldwide.
3. The faculty and organizing committee expressed their gratitude to all the participants, guests, and sponsors for making the event memorable and meaningful.

Number of Participants: 120

Glimpse of event:



Pharmacy Faculties



Rangoli Competition



Quiz Competition



Poster Presentation

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Press Release:

कलिंगा विश्वविद्यालय में फार्मासिस्ट दिवस मनाया गया

https://theruralpress.in/2024/09/28/pharmacist-day-celebrated-at-kalinga-university/

वैश्विक स्वास्थ्य में फार्मासिस्टों के योगदान को कलिंगा ने दिया सम्मान

रायपुर, 29 सितम्बर। कलिंगा विश्वविद्यालय ने बताया कि विश्व फार्मासिस्ट दिवस हर साल 25 सितंबर को मनाया जाता है, ताकि वैश्विक स्वास्थ्य में फार्मासिस्टों के महत्वपूर्ण योगदान को सम्मानित किया जा सके। यह वार्षिक कार्यक्रम विश्व स्वास्थ्य संगठन के साझेदार, अंतर्राष्ट्रीय फार्मास्युटिकल फेडरेशन (एफ़आइ०) द्वारा आयोजित किया जाता है, जिसका उद्देश्य दुनिया भर में स्वस्थ समुदायों के नियमित और स्वास्थ्य देखभाल प्रणालियों को समर्थन देने में फार्मासिस्टों की अपरिहार्य भूमिका को उजागर करना है।

विश्वविद्यालय ने बताया कि विश्व फार्मासिस्ट दिवस 2024 का विषय, 'फार्मासिस्ट: वैश्विक स्वास्थ्य आवश्यकताओं की पूर्ति', इस बात पर जोर देता है कि विशेष रूप से वंचित समुदायों में फार्मासिस्ट किस प्रकार विविध स्वास्थ्य चुनौतियों का समाधान करने में केन्द्रीय भूमिका निभाते हैं, जिसमें रोग की रोकथाम, रोगी देखभाल और दवा तक पहुंच शामिल है। विश्व फार्मासिस्ट दिवस 2024 के उपलक्ष्य में, कलिंगा विश्वविद्यालय, फार्मेसी संकाय ने 25 सितंबर 2024 को विश्व फार्मासिस्ट दिवस सफलतापूर्वक मनाया। यह कार्यक्रम स्वास्थ्य सेवा में फार्मासिस्टों के योगदान को मान्यता देने तथा वैश्विक स्वास्थ्य आवश्यकताओं को पूरा करने में उनकी महत्वपूर्ण भूमिका के बारे में जागरूकता फैलाने के लिए आयोजित किया गया था।

विश्वविद्यालय ने बताया कि इस अवसर पर कई आकर्षक कार्यक्रम आयोजित किए गए, जिनमें प्रश्नोत्तरी, पोस्टर और रंगोली प्रतियोगिताएं शामिल थीं, जिनमें विद्यार्थियों ने उत्साहपूर्वक भाग लिया। यह कार्यक्रम फार्मेसी संकाय के प्राचार्य डॉ. संदीप प्रसाद तिवारी के मार्गदर्शन में आयोजित किया गया था।



Signature of Program coordinator

Name of Program/Event Coordinator-
Dr. Indu Lata Kanwar

Ms. Rashmi Sinha

Mr. Naimish Nanda
Mr. Mritunjay Bhanja
Designation- Assistant Professor
Department- Faculty of Pharmacy

World Pharmacists' Day 2024 – Celebrating Pharmacists' Vital Role in Promoting Good Health and Well-Being

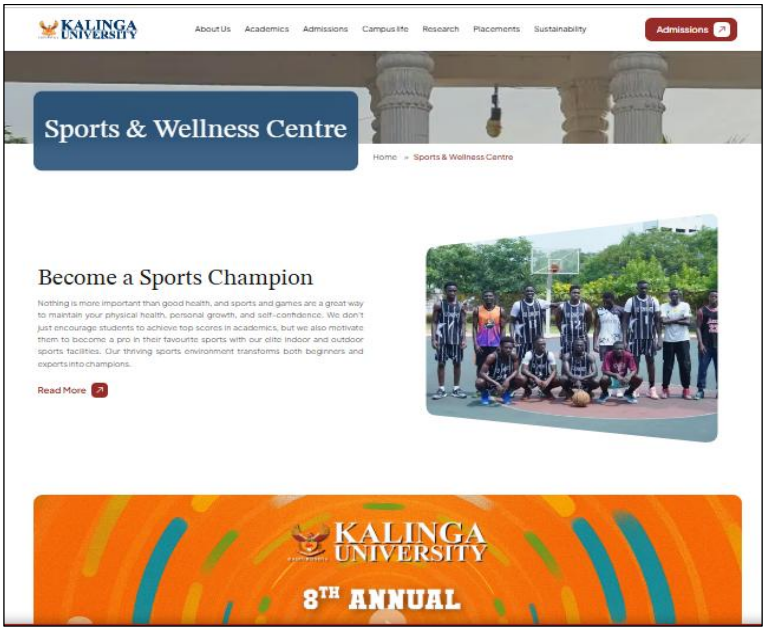
Events conducted at Kalinga University

Media Coverage Web Page Link: https://kalingauniversity.ac.in/media

Sl. No.	Activity Name	Date	Organized By	No. of Participants	Outcome of the Programme
1	Industrial Visit to AIIMS Raipur	06.11.2025	Department of Forensic Science, Faculty of Science	108	Provided students with practical exposure to hospital operations, healthcare infrastructure, diagnostic facilities, and clinical practices, helping bridge the gap between theoretical knowledge and real-world healthcare applications.
2	Model/Poster Exhibition on World Mental Health Day	10.10.2025	Department of Social Work, Faculty of Arts & Humanities	53	Promoted mental health awareness, encouraged creative expression, and educated participants about psychological well-being, stress management, and the importance of reducing mental health stigma.
3	Guest Lecture 'Development of New Vaccines and Variants in Indian Poultry Diseases'	04.09.2025	Department of Biochemistry, Faculty of Science	18	Enhanced participants' understanding of vaccine development, emerging poultry disease variants, disease prevention, and advances in veterinary healthcare and infectious disease management.
4	Guest Lecture 'Mental Health and Well Being of Students and Teachers'	16.07.2025	Faculty of Education	60	Raised awareness of mental health challenges in educational settings and highlighted strategies for stress management, emotional resilience, psychological well-being, and a supportive academic environment.
5	11th International Day of Yoga 'Yoga Sangam'	21.06.2025	Faculty of Education	100	Encouraged the adoption of yoga and meditation for physical fitness, mental balance, stress reduction, and the promotion of a healthy lifestyle among participants.
6	International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"	25.03.2025 To 26.03.2025	Faculty of Pharmacy	500	Facilitated the exchange of scientific knowledge, promoted interdisciplinary research collaboration, and highlighted emerging innovations in pharmaceutical sciences and healthcare for improved global health outcomes.
7	Guest Lecture on 'Herpes Simplex Virus: Infection & Diagnosis'	10.02.2025	Department of Microbiology & Botany, Faculty of Science	60	Improved understanding of herpes simplex virus infections, transmission, clinical manifestations, diagnostic techniques, and the importance of timely detection and appropriate infection management.
8	4th National Pharmaco-vigilance Awareness	17.09.2024	Faculty of Pharmacy	120	Strengthened awareness of pharmacovigilance, adverse drug reaction (ADR) identification and reporting, and the importance of medication safety in improving patient care and public health.

3.3.3. Shared Sports Facilities:

Kalinga University has adopted six villages—**Kotni, Kuhera, Paloud, Kotrabhata, Tandul, and Parsada**—as part of its commitment to community development and social responsibility. The University extends its sports infrastructure to students from government schools in these villages, encouraging physical fitness, talent development, and active participation in sports. In addition, Kalinga University shares its academic facilities, including the Seminar Hall and Auditorium, with government organizations for public awareness and outreach initiatives. Notably, the Reserve Bank of India (RBI), Raipur Branch, has utilized these facilities to conduct financial literacy and awareness programmes for students and members of the local community, strengthening the University's role in societal engagement.



















Sports Department and Sustainable Development

The Sports Department plays an important role in promoting **health, well-being, inclusion, and sustainable community engagement**, contributing to the objectives of the Sustainable Development Goals (SDGs). The department provides access to sports facilities, training, fitness activities, and recreational opportunities for students, staff, and community members. Through regular sports programmes, competitions, fitness initiatives, and outreach activities, it encourages active lifestyles, teamwork, discipline, leadership, and social interaction. Sports facilities are also shared with the community for various programmes, strengthening university–community engagement. These initiatives primarily contribute to **SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 10 (Reduced Inequalities), and SDG 11 (Sustainable Cities and Communities)**.





Sl. No.	Name	Designation
1	Dr. D. Kalidoss	Associate Professor & Director, Sports
2	Dr. Sanjeev Kumar Yadav	Assistant Professor & Sports Officer
3	Mr. Rudra Narayana Behura	Data Operator
4	Mr. Prabhat Narayan Yadav	Gym Instructor
5	Ms. Sandhya Pal	Assistant, Sports

Sports Department Staff Members

Policy on Emotional Wellness, Mental Health and Resilience

Policy on Emotional Wellness, Mental Health and Resilience

Policy Implemented Year	2021-22
Approved	Board of Management on 10.06.2024
Notification	Notified By Registrar vide - Ref. No. KU/2024/Reg./NH/072, Dated 20.06.2024
In Force Since	20.06.2024
Next Review	2027-28

1. Preamble

Kalinga University is committed to fostering a healthy, inclusive, and supportive campus environment that promotes the emotional well-being, mental health, and resilience of all students, faculty members, staff, and other stakeholders. The University recognizes that mental health is an integral component of overall well-being, academic success, professional productivity, and personal development.

University life often presents academic, social, emotional, financial, and professional challenges. Therefore, Kalinga University strives to create a culture that encourages help-seeking behavior, reduces stigma associated with mental health concerns, and ensures access to appropriate support systems. Through this policy, the University aims to nurture a resilient campus community where individuals can thrive emotionally, socially, and academically.

2. Principles

The University shall be guided by the following principles:

2.1 Respect and Dignity

- Every individual shall be treated with empathy, respect, compassion, and dignity regardless of their emotional or mental health status.

2.2 Inclusiveness and Equity

- Mental health and wellness services shall be accessible and inclusive for all members of the University community without discrimination.

2.3 Prevention and Early Intervention

- The University shall prioritize awareness, prevention, early identification, and timely intervention for mental health concerns.

2.4 Confidentiality and Privacy

- Personal information related to mental health and counselling shall be handled with the highest standards of confidentiality and professional ethics.

2.5 Resilience and Positive Development

- The University shall promote coping skills, emotional intelligence, adaptability, and resilience to help individuals manage stress and adversity effectively.

2.6 Shared Responsibility

- Mental health promotion is a collective responsibility involving students, faculty, staff, administrators, parents, and support services.

3. Objectives

The Policy aims to:

- Promote emotional wellness and positive mental health across the University community.
- Create awareness regarding mental health issues and reduce associated stigma.
- Foster a supportive, compassionate, and psychologically safe campus environment.
- Strengthen resilience, stress-management skills, and emotional intelligence among students and employees.
- Provide accessible counselling, guidance, and referral services.
- Facilitate early identification and support for individuals experiencing emotional or psychological distress.
- Encourage healthy lifestyles that contribute to mental and emotional well-being.
- Integrate mental health promotion into academic, co-curricular, and extracurricular activities.
- Develop crisis-response mechanisms for mental health emergencies.

4. Guidelines

4.1 Mental Health Awareness and Education

The University shall:

- Organize workshops, seminars, awareness campaigns, expert lectures, and wellness programs on mental health and emotional well-being.
- Observe relevant national and international awareness days related to mental health and wellness.
- Disseminate educational materials on stress management, self-care, emotional regulation, and resilience building.

4.2 Counselling and Psychological Support

- The University shall maintain a Student Counselling and Wellness Cell to provide professional counselling services.
- Faculty, staff, and students shall have access to guidance and support for emotional, academic, social, and personal challenges.
- Appropriate referrals to external mental health professionals or healthcare institutions may be facilitated whenever necessary.

4.3 Promoting Emotional Wellness

The University shall encourage:

- Mindfulness, meditation, yoga, and relaxation practices.
- Physical fitness and recreational activities that contribute to emotional well-being.
- Healthy work-life and study-life balance.
- Positive peer interactions and supportive campus relationships.

4.4 Building Resilience

The University shall conduct programs on:

- Stress management
- Emotional intelligence
- Adaptability and coping strategies













Sports Facilities Shared with the Community for Promoting Health, Well-Being, Active Lifestyles and other Community Engagement Programmes

Kalinga University recognizes **sports and physical fitness as essential components of holistic education and well-being**, supporting **SDG 3 – Good Health and Well-being**. The University provides comprehensive sports infrastructure through its dedicated Sports Department, Sports Complex, recreation rooms, and modern fitness facilities. Outdoor amenities include a **cricket ground, football field, basketball and volleyball courts, badminton courts, athletics facilities, and a multi-purpose sports field**, supporting both recreational activities and competitive training. Indoor facilities include **well-equipped gyms with modern fitness equipment**, with separate facilities for boys and girls, accessible to students and staff under the guidance of qualified trainers. The University also promotes holistic wellness through **yoga and aerobics sessions conducted by certified instructors**, contributing to physical and mental well-being. Regular inter- and intra-university sports events, along with participation in national and international competitions, foster **fitness, teamwork, discipline, leadership, and sportsmanship**, strengthening the University's commitment to a healthy and active campus community





Celebrating Sports Achievers: Recognizing Excellence, Talent and Outstanding Sporting Accomplishments

Outdoor Sports Facilities

Kalinga University provides extensive outdoor sports facilities including a cricket ground, football field, basketball and volleyball courts, open-air badminton courts, athletics facilities, and a multi-utility sports field. These spaces support training, recreation, and tournaments, promoting physical fitness, teamwork, and active student engagement.









Outdoor Sports Facilities for Fitness and Well-Being

Outdoor Games Facilities

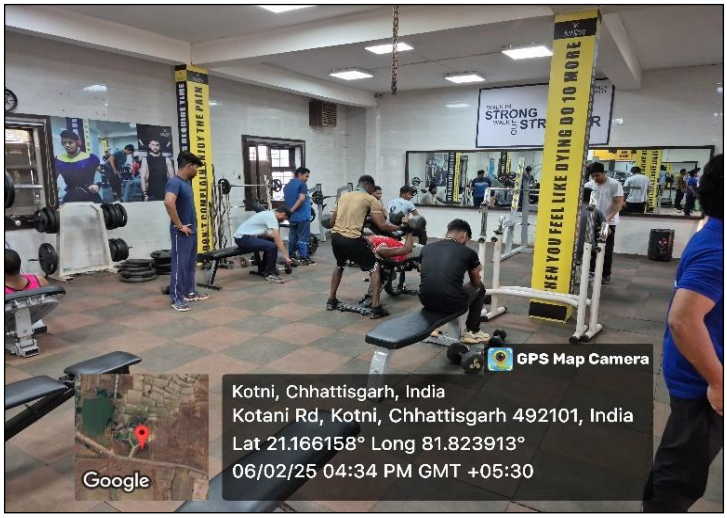
S.No.	Outdoor Games	Material
01	Cricket Ground Turf Wicket	Cricket Kit 12, Bat 25, Ball 30, Wickets 30, Cricket mat 1, T Shirt, Marking Cone 80, Flag 90, Cap
02	Football Ground	Football 30, Football Net 4 Set, T Shirt, Air Pump 2, Pole 1 Set, Whistle, Cap
03	Badminton Court	Racket 12, Shuttle Cock 10 Box, Badminton Net 4 Set, T Shirt, Pole 4 Set, Cap
04	Basketball Ground	Basketball 20, Basketball Net 20 Set, T Shirt, Pole 2 Set, Whistle, Cap
05	Volleyball Ground	Volleyball 20, Volleyball Net 10, Antenna 4, T Shirt, Volleyball Pole 2 Set, Whistle, Cap
06	Kabaddi Ground	Kabaddi Mat, T Shirt, Marking Tape, T Shirt, Whistle, Cap
07	Kho-Kho Ground	T Shirt, Marking Tape, Whistle, Cap
08	Hockey Ground	Hockey Steak 24, Hockey Ball 24, Pole 1 Set, T Shirt, Cap
09	Handball Ground	Ball 10, Pole 2 Set, T Shirt, Cap
10	Lawn Tennis	Racket 6 Set, Ball 40, Pole 1 Set, Net 2, T Shirt, Cap
11	Shot put Throw	12 pieces
12	Discuss Throw	12 pieces
13	Javelin Throw	12 pieces
14	Hammer Throw	12 pieces
15	Running Events	Athletic Track of 200 metres

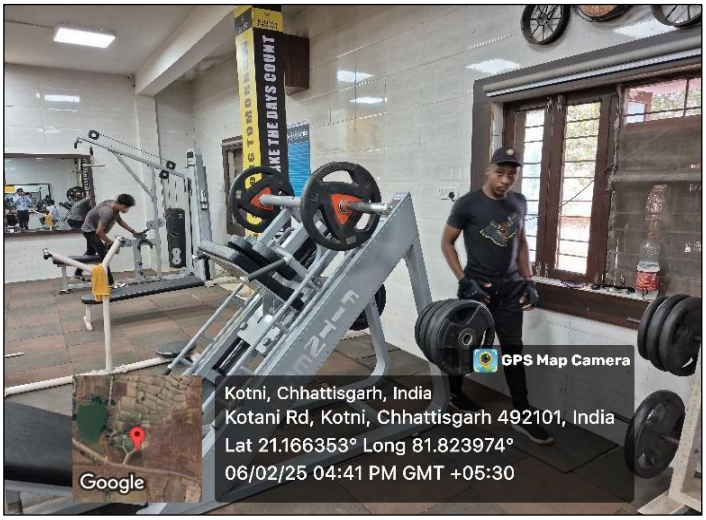
Sports Grounds Dimension

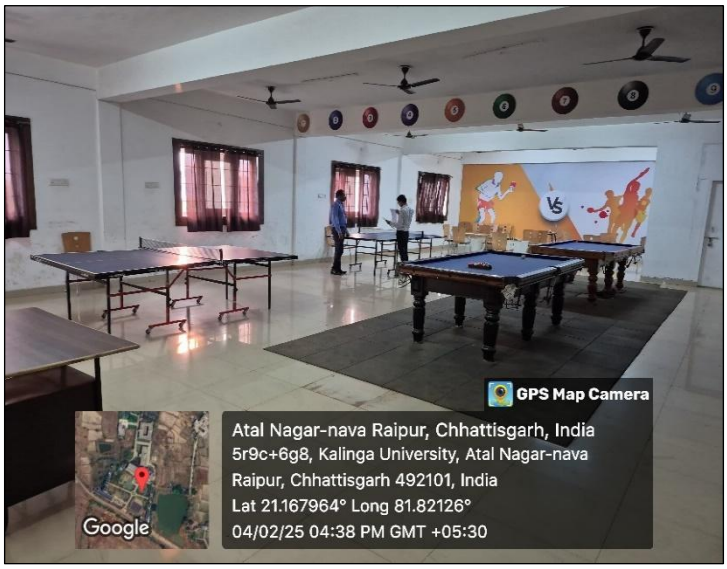
S.No.	Facilities	Total	Area
01	Basketball Court	Two	9400 Sqft.
02	Volleyball Court	One	1740 Sqft.
03	Lawn Tennis Court	One	2106 Sqft.
04	Badminton Court	One	880 Sqft.
05	Kabaddi Ground	One	1657 Sqft.
06	Kho Kho Ground	One	6972 Sqft.
07	Handball Ground	One	8646 Sqft.
08	Football Ground	One	76900 Sqft.
09	Cricket Ground	One	450 Feet
10	Hockey Ground	One	54090 Sqft.
11	Athletics Track 400 Mtr.	One	400 Mtr.

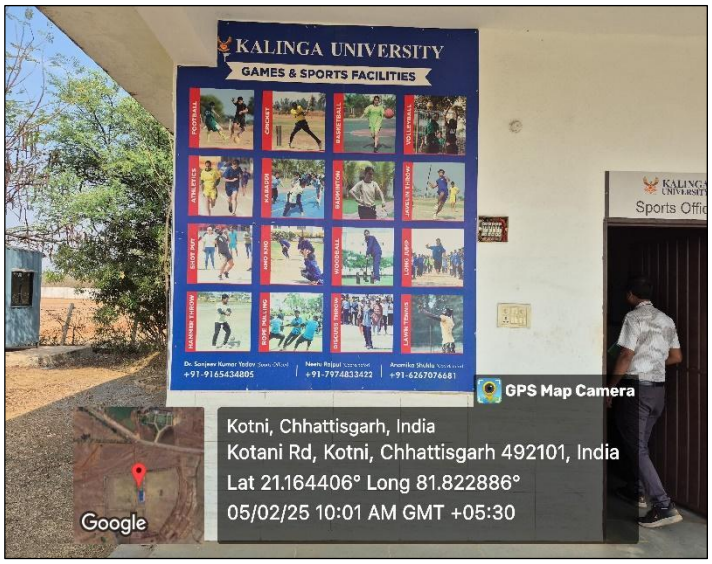
Indoor Sports Facilities

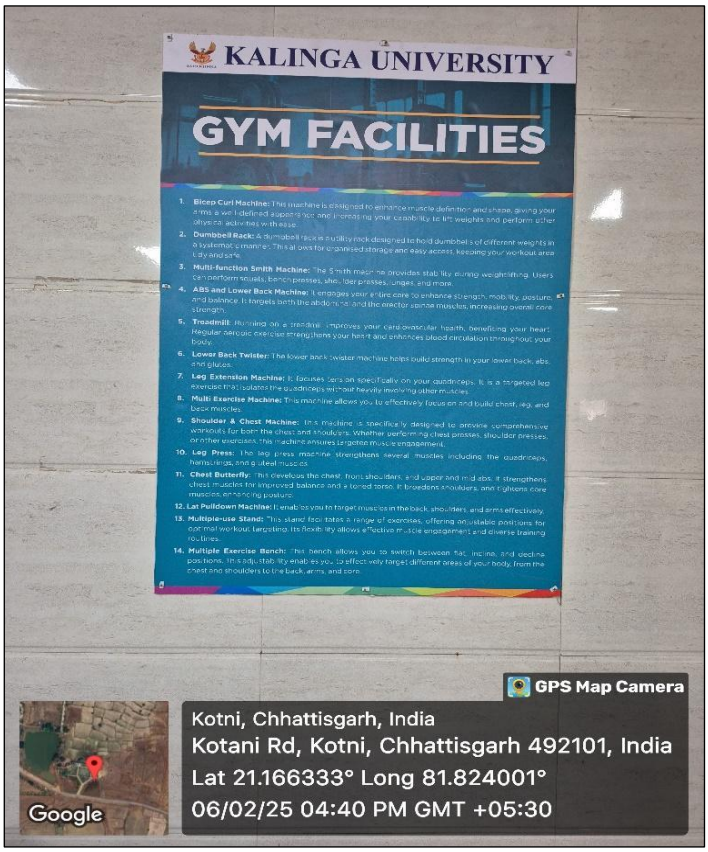
Kalinga University offers well-equipped indoor sports facilities, including a modern gymnasium with advanced fitness equipment to promote physical health and an active lifestyle. Separate gym facilities for boys and girls are available, ensuring a comfortable and inclusive environment for all users. The gym is accessible to both students and staff and supports regular fitness activities. Qualified gym trainers are available to guide users in proper exercise techniques and structured workout routines, ensuring safe and effective training. In addition, facilities for table tennis, carrom, and chess are provided, along with yoga and aerobics sessions, promoting holistic physical fitness, mental well-being, and an active lifestyle among the university community.

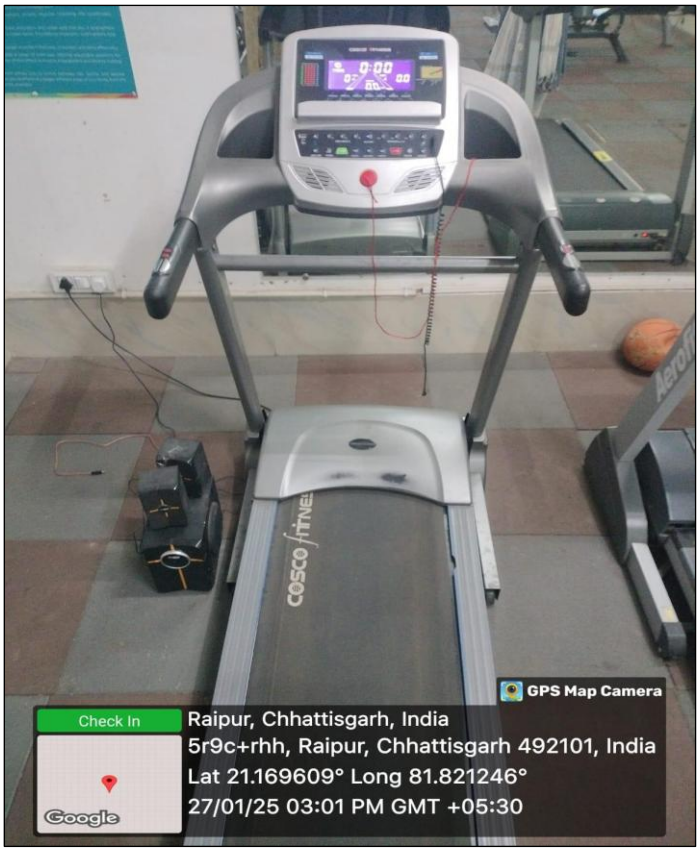

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GAMES & SPORTS FACILITIES
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Google





Promoting Fitness through Indoor Sports Activities

Sports related Activities & Events

Sl. No.	Sports Events	Date	Organized By	Awards
1	AIU- All India Interuniversity Wrestling Championship (Women) -2024-25	14-01-2025 to 17-01-2025	Guru Kashi University, Badhinda, Punjab	6th Position and She has selected for Khelo India University Games
2	SAMAR Intercollegiate/University Sports Fest 2025 (Basketball)	23-01-2025 to 26-01-2025	National Institute of Technology, Raipur	Basketball (Men)-Winner Football (Men)-Winner

3	Asmita Khelo India Pencak silat Women 's League (East Zone)	31-01-2024 to 02-02-2025	Chhattisgarh Pencak silat Martial Arts Association with SAI	Palag Nag, Bsc –II yr- Bronze Medal Sania Parveen , BCS(AIML&CS)-I yer- Bronze Medal
4	38th National Games of India (NET Ball)	28-01-2025 to 14-02-2025	The Indian Olympic Association (IOA) in collaboration with the Government of Uttarakhand and the Ministry of Youth Affairs and Sports, Government of India.	Sandeep Verma , B.Ed-Iyr- Bronze Medal
5	SAMARTH Intercollegiate/University Sports Fest 2025	22-02-2025 to 23-02-2025	Indian Institute of Management, Raipur	Football (Men)-Winner Basketball (Men)-Runner-up Basketball (Women)-Runner-up
6	AIU -All India Interuniversity Woodball (Men & Women) Championship -2024-25	07-03-2025 to 10-03-2025	Parul University, Gujarat	Mixed Doubles-Gold Medal Woodball Team (Women) – Bronze Medal
7	Technovate Intercollege/University Sports fest 2025	21-03-2025 to 23-03-2025	IIIT, Raipur	Basketball (Men)-Runner-up
8	19th Senior & 13th Sub Junior National Woodball Championship -2024-25	22-03-2025 to 26-03-2025	Maharashtra State Woodball Association	Aftab Hussain –Bped – II yr- Doubles – Bronze Medal Naveen Gupta – Bsc – III yr- Mixed Doubles-Silver Medal
9	26th World Para - Arm-wrestling Championship -2024	15-08-2024 to 25-08-2024	The World Arm-wrestling Federation (WAF)	Harsh Khodiar, B,Com-III yr- Bronze Medal

10	Niraj Agarwal Memorial Inter Collegiate Football Championship 2024	12-09-2024 to 18-09-2024	Shera Krida Samiti Club	Football (Men) - Winner
11	Colossus Intercollegiate/University Sports Fest 2024 (Basketball -Men)	18-10-2024 to 20-10-2024	Hidayatullah National Law University	Football (Men)-Winner Basketball (Men)-Winner
12	Oriana Intercollegiate/University Sports Fest 2024 (Futsal -Men)	14-11-2024 to 17-11-2024	All India Institute of Medical Science (AIIMS)	Futsal (Men)- Runner Up
13	5th Senior Open State Woodball Championship -2024	29-11-2024 to 01-12-2024	Gariyabandh Woodball Association of Chhattisgarh	Aftab Hussain –Bped – II yr- Runner -Up
14	Workshop on Self-Defence Techniques	19-09-2024	"NCC Department" In collaboration with "Sports Department", Kalinga University Raipur	Internal Event
15	Tug Of War Competition For Hostel Students - 2024-25	18-01-2025	Department of Sports in association with DSW	Internal Event

Program Highlights and Event Reports:

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Mob: 93030 97043, Email – registrar@kalingauniversity.ac.in

REF.NO. KU/ /DOS/ 2024-25/REPORT/07

18-09-2024

NIRAJ AGARWAL MOMORIAL INTER COLLEGIATE FOOTBALL CHAMPIONSHIP 2024

Date: **12/09/2024 – 18/09/2024**
Event: **Niraj Agarwal Memorial Inter Collegiate Football Championship 2024**
Organized by: **Shera Krida Samiti Club**
Venue: Sapre Football Ground, Raipur
No. of participants: **16**

The Kalinga University football team showcased exceptional talent and determination at the Niraj Agarwal Memorial Inter-Collegiate Football Championship, held from September 12th to 18th, organised by the Shera Krida Samiti club. The tournament featured a league cum knockout format, allowing teams to compete in a series of matches. Our players participated in three league matches, followed by two knockout matches against various universities and colleges. Throughout the tournament, the Kalinga University team demonstrated their dominance by consistently scoring goals and outplaying their opponents.

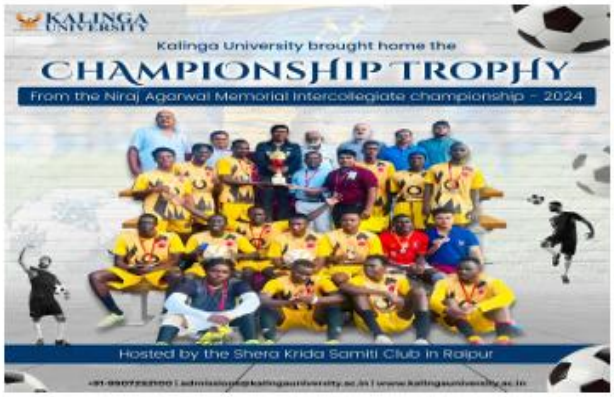
The players exhibited remarkable skills and teamwork on the field, earning praise from spectators and officials alike. Their hard work and dedication culminated in a well-deserved victory, as the team emerged as the champions of the tournament. This achievement not only highlights the talent within our university but also sets a benchmark for future competitions. Congratulations to the Kalinga University football team for their outstanding performance and for bringing home the championship trophy.

PARTICIPANTS

S.NO.	NAME OF THE STUDENT	ENTROLLMENT NO.	COURSE & SEMESTER
1	Bernard	PROV/2023/0024	MSC/BT 3rd
2	Munyardzi Blessing	2207BBA05170	BBA 5th
3	Reuben Hallowanger	PROV2O22/02127	B.COM 5th
4	Eric Emmanuel	210/BALLB060885	BALLB 9th
5	David Wani	2107400728l4	MBA 1st
6	George Bosco	23071349950217	BTECH 3rd
7	Munashe Kamugele	2307134869973	BTECH 3rd
8	Alvin Musthpe	PROV/2024/1510412	BCA 1st
9	Patrick Chinuga	230713796488?0	MBA 3rd

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Glimpses of the Event:



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Niraj Agarwal Momorial Inter Collegiate Football Championship 2024

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Dr. Shilpi Bhattacharya
Faculty of Arts and Humanities

A

Report on

"Workshop on Self-Defence Techniques"

Organized by

"NCC Department"

In collaboration with

"Sports Department"

On

19th September 2024

KALINGA UNIVERSITY
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Objective of Program:

The main objective of the Self-Defense Workshop was to teach participants important self-defense techniques to improve their personal safety and confidence. The workshop aimed to provide knowledge about basic self-defense skills, focusing on awareness and prevention. It also intended to promote physical fitness through hands-on training that developed strength and agility. By empowering participants, especially women, the workshop aimed to help them feel more confident in protecting themselves in difficult situations. Additionally, the workshop sought to raise awareness about the significance of self-defense within the university community, encouraging a proactive approach to personal safety. Lastly, it aimed to involve a diverse group of participants, fostering teamwork and building connections among attendees. Overall, the workshop aimed to create a safer environment and instill a sense of security among participants.

Program Schedule:

Date: 19th September 2024

Time of Workshop: 01:30 PM – 03:30 PM

Workshop Venue: Sports Complex, Kalinga University

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Number of faculty participated: 06

Number of Instructor: 02

Glimpse of event:



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Photo Gallery:



"Workshop on Self-Defence Techniques" Organized by "NCC Department" In collaboration with "Sports Department" On 19th September 2024

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TUG OF WAR COMPETITION FOR HOSTEL STUDENTS 2024-25

Date: **18-01-2025**
Time: **10:30 AM to 1:00 PM**
Event: **Tug of War (Men &Women) competition for hostel students**
Organized by: Department of Sports in association with DSW
No. of participants: 26

Department of Sports in association with DSW organized a Tug of War tournament for hostel students (Men and Women) on 18th January 2025, from 10:00 a.m. to 1:00 p.m., to provide students with an opportunity to showcase their talents and encourage holistic development through sports. The event witnessed enthusiastic participation, with a total of 26 students taking part, comprising 16 boys and 10 girls. Teams represented hostels including Pacific (Men), Brahmaputra (Men), Everest (Men), and Indus (Women). The tournament fostered a sense of teamwork, competitive spirit, and camaraderie among the participants, making it a memorable event for all involved.

Participants

MEN

Team: The Pacific Boys

S.No	Name	Enrolment Number	Course & Sem
1	Robert M. Kamara	2307147571656	BCSAIMLS 4th
2	Shaikh Arshad Ali	24071601107789	BSC BMB 2nd
3	Irfan Khan	24071612147646	BICSAIML1st
4	Darshil Shah	2207DICS984704	DICS 6th
5	Abhajyoti Pal	24071582113277	B.A. GEN 1st
6	Mughira Mukhamheo	23071388854800	MSC F.D. 4th
7	Nirbhay Singh	2407158888825917	BBA 2nd
8	D. Nikhil	24071612998660	BTECH 2nd

Team: Sher

S.No	Name	Enrolment Number	Course & Sem
1	Apurva Chitransh	24071641458652	MBA 2nd
2	Sanskar Tripathi	21071114504630	B.PHAR 8th
3	Jayson Clament	1452325	MA 2nd
4	Prakash Kr. Mahto	23071329655373	BCA 4th
5	Atif Ali	24071604406821	B.PHAR 3rd
6	Rajdeep Simpson	2207137BTBC957033	BSC 6th
7	Tousif Ali	23071393092622	M.PHAR 4th
8	Yashwant Verma	21071114333997	B.PHAR 8th

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MATCHES

S.NO	MATCH	VERSUS	SCORE	WON BY
1	1	Team Sher VS Team Pacific Boys	2-0	Team Sher

WOMEN

Team: Tug Titans

S.No	Name	Enrolment Number	Course & Sem
1	Pranjal Solanki	2207BSCBT360124	BSCBT 6th
2	Tabassum Memon	240715989996328	BID 2nd
3	Shrishti Bose	24071598158629	BID 2nd
4	Hema goud	2207BSFS216228	BSFS 6th
5	Ayanna Singh		BSFS 2nd

Team: The Warriors

S.No	Name	Enrolment Number	Course & Sem
1	Madhuri Pattepu	23071345191584	BSFS 4th
2	Soumya Pendyala	PROV/2024/00021247	BSFS 2nd
3	Shubha Yaghna	2207BSF206403	BSFS 6th
4	Riyya Fulmati	24071607236022	BSFS 2nd
5	Sunita Baghel	23071340522062	BPCM 4th

MATCHES

S.NO	MATCH	VERSUS	SCORE	WON BY
1	1	Team The Warriors VS Team Tug Titans	2-1	Team The Warriors

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CERTIFICATE OF MERIT:



GLIMPSES OF THE EVENT:



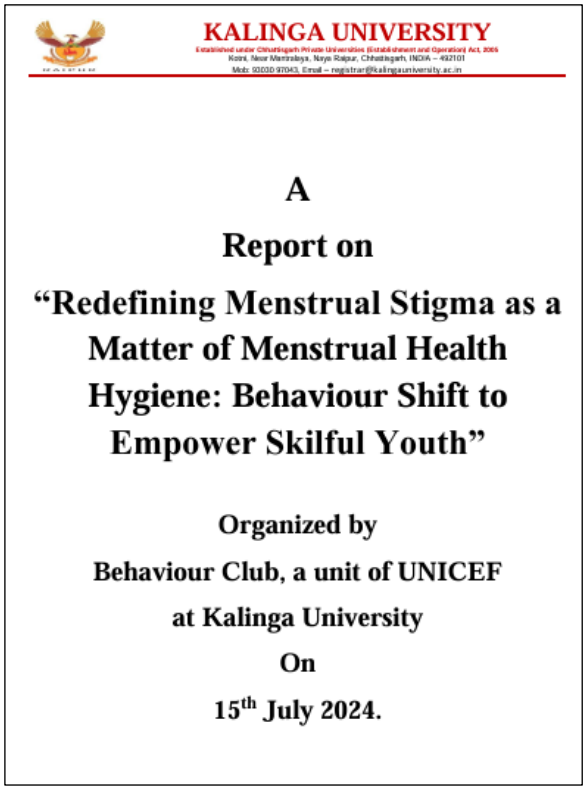
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Mob: 93030 97043, Email – registrar@kalingauniversity.ac.in



Tug Of War Competition For Hostel Students 2024-25, on Date: 18-01-2025

3.3.4. Sexual and Reproductive Health Care Services

Kalinga University promotes **women's health, gender equity, safety, and overall well-being** through an integrated support system aligned with **SDG 3 and SDG 5**. Dedicated bodies, including the **Internal Complaints Committee (ICC), Women's Cell/POSH Committee, and Student Counselling Cell**, provide confidential counselling, psychosocial support, awareness, and grievance redressal. Health infrastructure includes **medical and first-aid facilities, resident nurses, sanitary napkin vending machines, sanitary waste incinerators, and an ERP-enabled grievance redressal system**. Regular awareness programmes, workshops, expert sessions, and health camps address **menstrual hygiene, reproductive health, nutrition, anaemia prevention, mental health, stress management, cancer awareness, substance-abuse prevention, and healthy lifestyles**. Collaborations with hospitals, healthcare centres, diagnostic facilities, and social organizations facilitate **health check-ups, specialist consultations, vaccination drives, emergency support, and counselling services**. These initiatives foster a **safe, inclusive, health-conscious, and supportive campus environment**, empowering women and promoting holistic well-being across the University community.



KALINGA UNIVERSITY

A

Report on

"Redefining Menstrual Stigma as a Matter of Menstrual Health Hygiene: Behaviour Shift to Empower Skilful Youth"

Organized by

Behaviour Club, a unit of UNICEF

at Kalinga University

On

15th July 2024.



KALINGA UNIVERSITY

Event Poster:

Invitation to the resource person: (If applicable) – An invitation was sent through the phone.

Objectives:

- **Increase Awareness:** Educate participants about the importance of menstrual health and hygiene, highlighting its impact on overall well-being.
- **Foster Behavioural Change:** Encourage a shift in attitudes and behaviours towards menstruation, aiming to eliminate stigma and misconceptions.
- **Empower Youth:** Equip young individuals with the necessary skills and knowledge to manage menstrual health effectively and confidently.
- **Promote Open Dialogue:** Create a safe and supportive environment for open discussions on menstrual health, allowing participants to share experiences and learn from each other.
- **Build a Supportive Community:** Strengthen the community by promoting empathy, understanding, and support for menstrual health issues.
- **Provide Recognition:** Acknowledge and reward participants with certificates for their engagement and contribution to the event, reinforcing the value of their involvement.
- **Profile of Resource person (if applicable):**

Empowering Youth Through Menstrual Health and Hygiene Education

Institutional Mechanisms for Sexual and Reproductive Health Care Services

a) Policy on Gender Equity and Gender Sensitization

Policy On Gender Equity And Gender Sensitization

Policy Implemented Year	2015-16
Approved	Board of Management on 10.06.2024
Notification	Notified By Registrar vide - Ref. No. KU/2024/Reg./NH/073, Dated 20.06.2024
In Force Since	20.06.2024
Next Review	2027-28

1. Preamble

Kalinga University is committed to fostering an inclusive, equitable, safe, and respectful academic environment that promotes gender justice and equal opportunities for all members of the University community. The University recognizes that gender equity is fundamental to human dignity, social justice, academic excellence, and sustainable development. This policy aims to eliminate all forms of gender-based discrimination, bias, harassment, and violence while promoting mutual respect, sensitivity, and equal participation in academic, administrative, research, cultural, and leadership activities.

The University shall ensure compliance with applicable laws, regulations, and guidelines relating to gender equality and women's empowerment, including the provisions of the Constitution of India, the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, UGC Regulations, and other relevant statutory provisions.

2. Principles

The Policy is guided by the following principles:

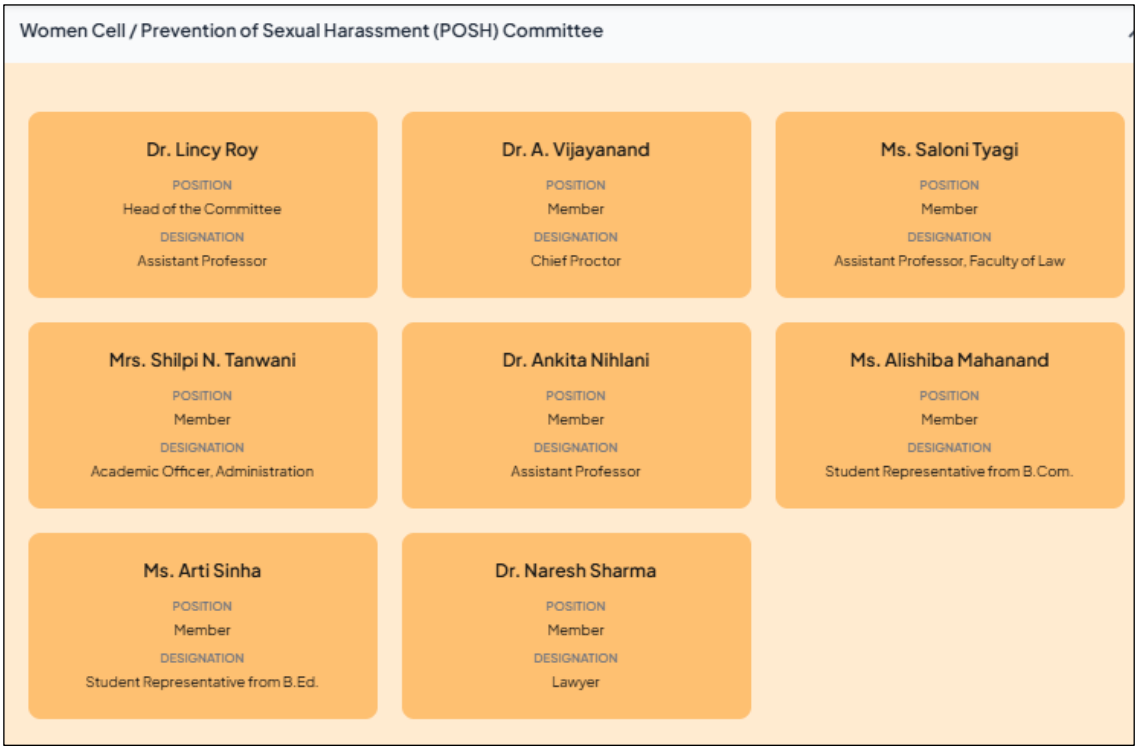
- Equality and Non-Discrimination: Every individual shall be treated with dignity and respect irrespective of gender, gender identity, sexual orientation, marital status, or socio-cultural background.
- Inclusiveness: The University shall promote an inclusive environment where all genders can participate equally in academic and co-curricular activities.
- Safety and Security: The University shall provide a safe, secure, and supportive campus environment free from harassment, intimidation, exploitation, and violence.
- Respect and Dignity: All members of the University community shall uphold respectful behavior and maintain professional conduct in all interactions.
- Empowerment and Participation: Equal opportunities shall be provided in admissions, employment, leadership positions, research, sports, cultural activities, and decision-making processes.
- Confidentiality and Fairness: Complaints and grievances related to gender issues shall be addressed confidentially, impartially, and promptly.

3. Objectives

The objectives of this Policy are to:

- Promote gender equity and equal opportunities in all University functions and activities.
- Create awareness regarding gender sensitivity, rights, responsibilities, and legal provisions.
- Prevent and prohibit gender-based discrimination, harassment, bullying, and violence.
- Foster a campus culture based on mutual respect, dignity, and inclusiveness.
- Encourage equal participation of all genders in academic, administrative, research, extension, and leadership activities.
- Establish effective support systems and grievance redressal mechanisms.
- Strengthen institutional practices that promote women's empowerment and gender justice.
- Integrate gender perspectives into teaching, learning, research, outreach, and community engagement activities.
- Provide counselling, mentoring, and support services for students and employees facing gender-related concerns.

The University is committed to fostering an inclusive, equitable, and gender-sensitive academic environment where every individual is treated with dignity and respect. The Policy on Gender Equity and Gender Sensitization promotes equal opportunities in education, research, employment, leadership, and participation in campus activities. It seeks to prevent gender-based discrimination, harassment, and violence through awareness programs, counseling services, and effective grievance redressal mechanisms. The policy encourages mutual respect, diversity, and inclusiveness, thereby creating a safe, supportive, and empowering campus culture for all stakeholders.



b. Policy on Emotional Wellness, Mental Health, and Resilience

The Policy on Emotional Wellness, Mental Health, and Resilience reflects Kalinga University's commitment to fostering a supportive, inclusive, and psychologically safe campus environment. The policy promotes emotional well-being, mental health awareness, stress management, and resilience among students, faculty, and staff. Through counselling services, mentoring, wellness programs, sports and recreational activities, and early intervention mechanisms, the University seeks to enhance overall well-being, reduce stigma associated with mental health concerns, and empower individuals to achieve personal, academic, and professional success.

Policy on Emotional Wellness, Mental Health and Resilience

Policy Implemented Year	2021-22
Approved	Board of Management on 10.06.2024
Notification	Notified By Registrar vide - Ref. No. KU/2024/Reg./NH/072, Dated 20.06.2024
In Force Since	20.06.2024
Next Review	2027-28

1. Preamble

Kalinga University is committed to fostering a healthy, inclusive, and supportive campus environment that promotes the emotional well-being, mental health, and resilience of all students, faculty members, staff, and other stakeholders. The University recognizes that mental health is an integral component of overall well-being, academic success, professional productivity, and personal development.

University life often presents academic, social, emotional, financial, and professional challenges. Therefore, Kalinga University strives to create a culture that encourages help-seeking behavior, reduces stigma associated with mental health concerns, and ensures access to appropriate support systems. Through this policy, the University aims to nurture a resilient campus community where individuals can thrive emotionally, socially, and academically.

2. Principles

The University shall be guided by the following principles:

2.1 Respect and Dignity

- Every individual shall be treated with empathy, respect, compassion, and dignity regardless of their emotional or mental health status.

2.2 Inclusiveness and Equity

- Mental health and wellness services shall be accessible and inclusive for all members of the University community without discrimination.

2.3 Prevention and Early Intervention

- The University shall prioritize awareness, prevention, early identification, and timely intervention for mental health concerns.

2.4 Confidentiality and Privacy

- Personal information related to mental health and counselling shall be handled with the highest standards of confidentiality and professional ethics.

2.5 Resilience and Positive Development

- The University shall promote coping skills, emotional intelligence, adaptability, and resilience to help individuals manage stress and adversity effectively.

2.6 Shared Responsibility

- Mental health promotion is a collective responsibility involving students, faculty, staff, administrators, parents, and support services.

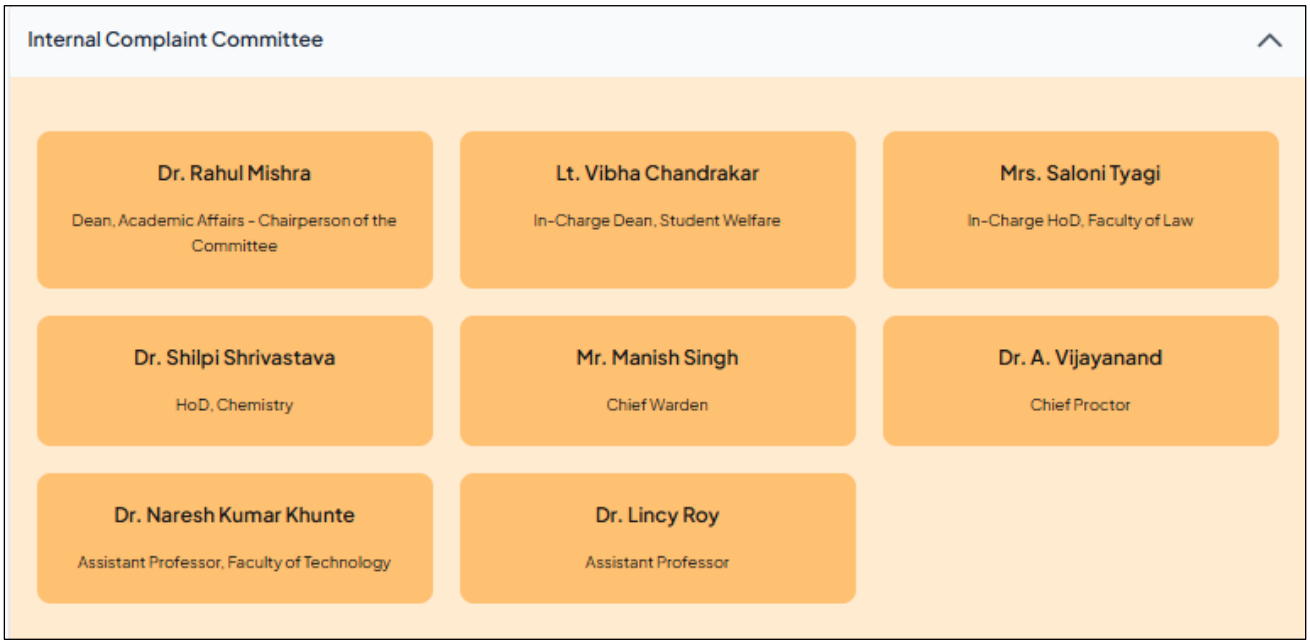
3. Objectives

The Policy aims to:

- Promote emotional wellness and positive mental health across the University community.
- Create awareness regarding mental health issues and reduce associated stigma.
- Foster a supportive, compassionate, and psychologically safe campus environment.
- Strengthen resilience, stress-management skills, and emotional intelligence among students and employees.
- Provide accessible counselling, guidance, and referral services.
- Facilitate early identification and support for individuals experiencing emotional or psychological distress.
- Encourage healthy lifestyles that contribute to mental and emotional well-being.
- Integrate mental health promotion into academic, co-curricular, and extracurricular activities.

c. Internal Complaint Committee

The Internal Complaints Committee (ICC) at Kalinga University is constituted in accordance with the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013. The Committee is committed to ensuring a safe, secure, respectful, and inclusive campus environment free from sexual harassment, gender-based discrimination, and misconduct. It provides a confidential, impartial, and transparent mechanism for receiving, investigating, and resolving complaints while safeguarding the dignity, rights, and well-being of all members of the University community.



d. Provision of Medical Room & Wellness Center

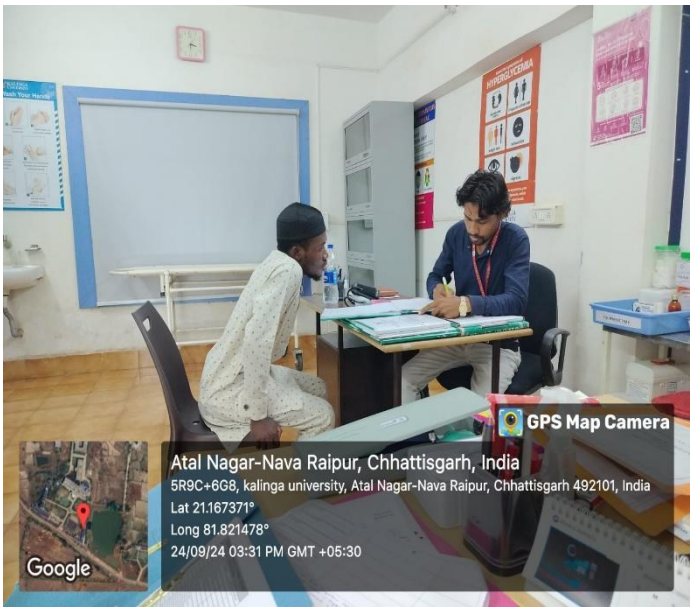
Medical Room

The University Medical Room serves as a dedicated healthcare facility and acts as the first point of contact for addressing the immediate health and wellness needs of students, faculty members, staff, and visitors. Equipped with essential medical equipment, first-aid supplies, and basic healthcare facilities, it provides prompt medical assistance for minor illnesses, injuries, and emergency situations occurring on campus. Qualified healthcare personnel ensure timely assessment, treatment, and guidance, helping to prevent complications and promote overall well-being.

In addition to providing primary healthcare services, the Medical Room plays a significant role in promoting preventive healthcare through health awareness campaigns, routine health check-ups, counseling, and wellness education programs. It also facilitates referrals to specialized healthcare providers and nearby hospitals whenever advanced medical intervention is required. By offering accessible healthcare support, encouraging healthy lifestyle practices, and ensuring a rapid response during emergencies, the University Medical Room contributes substantially to creating a safe, healthy,

inclusive, and supportive campus environment that enhances the overall quality of life for the university community.

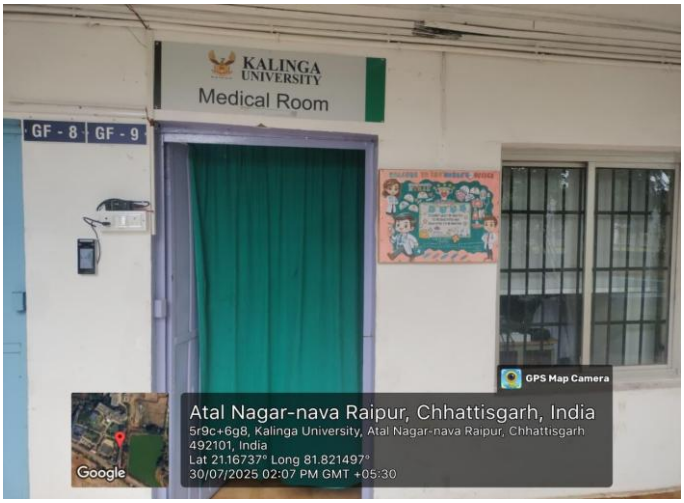










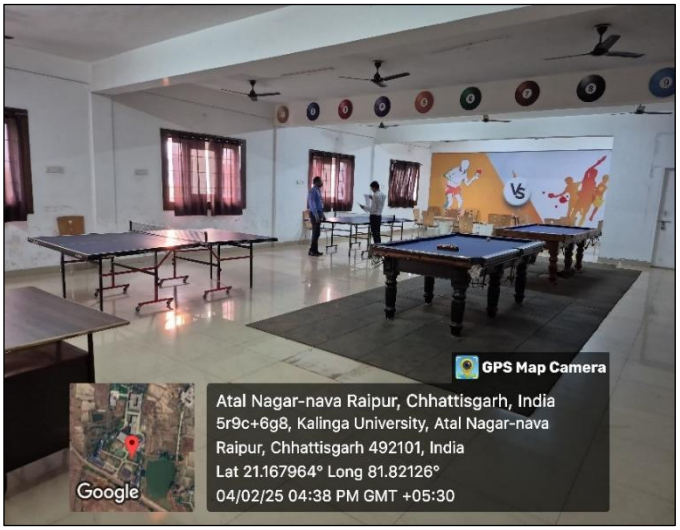


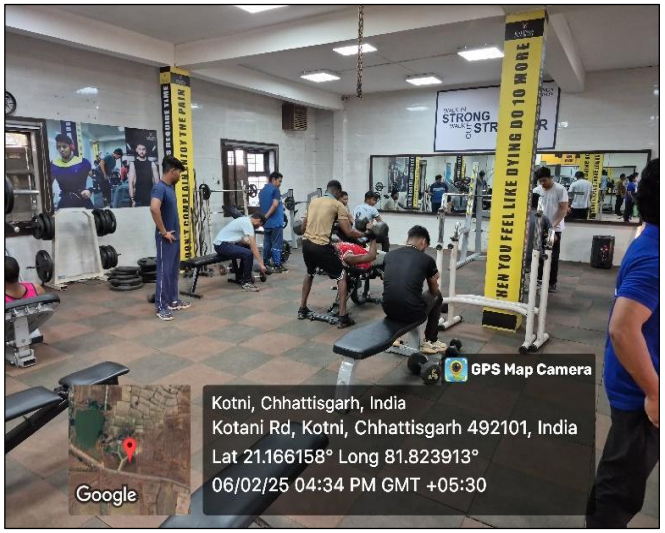
Medical Facilities Medical Consultation in University Medical Centre

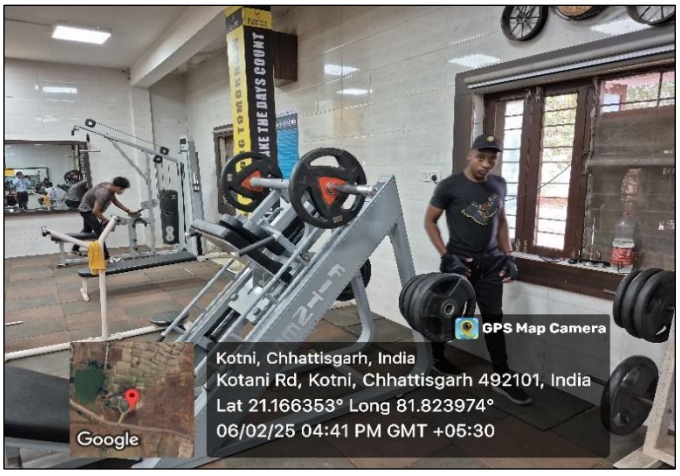
Sports and Wellness Center

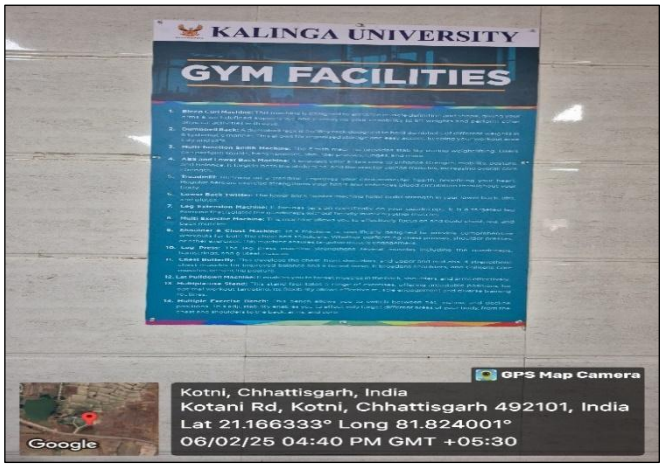
The Sports and Wellness Center serves as a vital platform for promoting holistic health and well-being among students, faculty, and staff by encouraging active lifestyles and healthy habits. The Center offers a wide range of sports activities, fitness programs, yoga sessions, meditation practices, recreational events, and wellness initiatives designed to support physical, mental, and emotional health. These activities help individuals improve their physical fitness, build endurance, enhance concentration, and maintain a balanced lifestyle.

Beyond physical health, the Center plays a significant role in stress management and emotional well-being by providing opportunities for relaxation, recreation, and social interaction. Participation in sports and wellness programs fosters self-discipline, resilience, teamwork, leadership, and self-confidence while helping individuals develop positive coping mechanisms to manage academic and professional pressures. Regular engagement in these activities contributes to reducing stress and anxiety, improving mental health, enhancing overall quality of life, and creating a positive, energetic, and inclusive campus environment that supports personal growth and community well-being.

















Yoga and Wellness Center

Facilities Available to Women Employees and Students

Sanitary Napkin Vending Machines and Incinerators:

Kalinga University is committed to promoting menstrual health, hygiene, dignity, and well-being among its female students, faculty, and staff. Recognizing the importance of accessible menstrual hygiene facilities, the University has installed sanitary napkin vending machines in female washrooms across academic blocks, administrative buildings, hostels, and other key locations on campus. These machines provide convenient, hygienic, and uninterrupted access to sanitary napkins, ensuring that women can effectively manage their menstrual health without inconvenience or embarrassment.

To facilitate safe and environmentally responsible disposal of used sanitary products, each vending machine is complemented by a sanitary napkin incinerator. These incinerators help maintain cleanliness, prevent improper waste disposal, and support sustainable waste management practices on campus. The availability of these facilities promotes awareness of menstrual hygiene, reduces stigma associated with menstruation, and empowers women to participate confidently in academic and professional activities. This initiative reflects the University's commitment to fostering a gender-sensitive, inclusive, safe, and health-conscious campus environment.

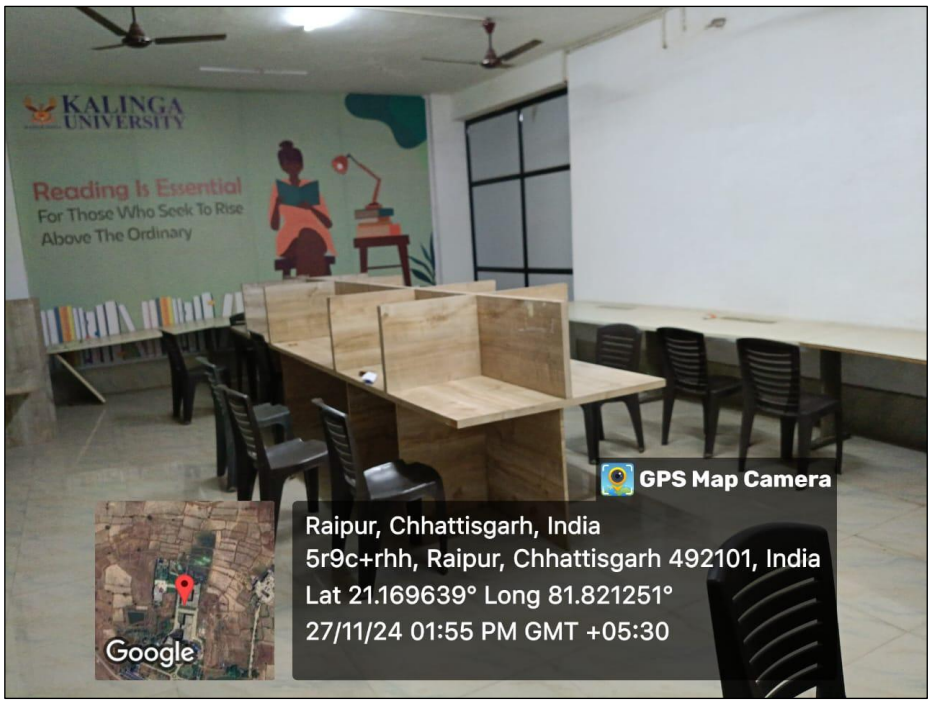




Menstrual hygiene is supported through sanitary napkin vending machines and eco-friendly disposal facilities.

Dedicated Girls Common Room

Kalinga University provides dedicated Girls' Common Rooms and Study Rooms within the campus and hostel premises to ensure a safe, comfortable, and supportive environment for female students. These facilities serve as spaces for relaxation, informal interaction, academic discussions, and focused study. The rooms are equipped with adequate seating, lighting, ventilation, and essential amenities to meet students' academic and personal needs. They offer a secure and peaceful atmosphere where students can spend their free time, prepare for examinations, engage in group learning activities, or seek privacy when required. By providing these facilities, the University promotes the well-being, safety, and academic success of female students while fostering an inclusive, student-friendly, and gender-sensitive campus environment.



Girl's Common Room

Programs and Awareness Activities on Sexual and Reproductive Well-being

Sl. No.	Activity Name	Date	Organized By	No. of Participants	Outcome
1	Model/Poster Exhibition on World Mental Health Day	10.10.2025	Department of Social Work, Faculty of Arts & Humanities	53	Promoted mental health awareness, encouraged creative expression, and educated participants about psychological well-being, stress management, and the importance of reducing mental health stigma.
2	Guest Lecture 'Mental Health and Well Being of Students and Teachers'	16.07.2025	Faculty of Education	60	Raised awareness of mental health challenges in educational settings and highlighted strategies for stress management, emotional resilience, psychological well-being, and a supportive academic environment.
3	11th International Day of Yoga 'Yoga Sangam'	21.06.2025	Faculty of Education	100	Encouraged the adoption of yoga and meditation for physical fitness, mental balance, stress reduction, and the promotion of a healthy lifestyle among participants.
4	International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"	25.03.2025 To 26.03.2025	Faculty of Pharmacy	500	Facilitated the exchange of scientific knowledge, promoted interdisciplinary research collaboration, and highlighted emerging innovations in pharmaceutical sciences and healthcare for improved global health outcomes.
5	Guest Lecture on 'Herpes Simplex Virus: Infection & Diagnosis'	10.02.2025	Department of Microbiology & Botany, Faculty of Science	60	Improved understanding of herpes simplex virus infections, transmission, clinical manifestations, diagnostic techniques, and the importance of timely detection and appropriate infection management.
6	One Day Free Health Check-up Camp	12.11.2024	Department of Biotechnology, Faculty of Science	75	Supported early identification of potential health concerns and promoted preventive healthcare through health screening.

3.3.5. Mental Health Support for Students

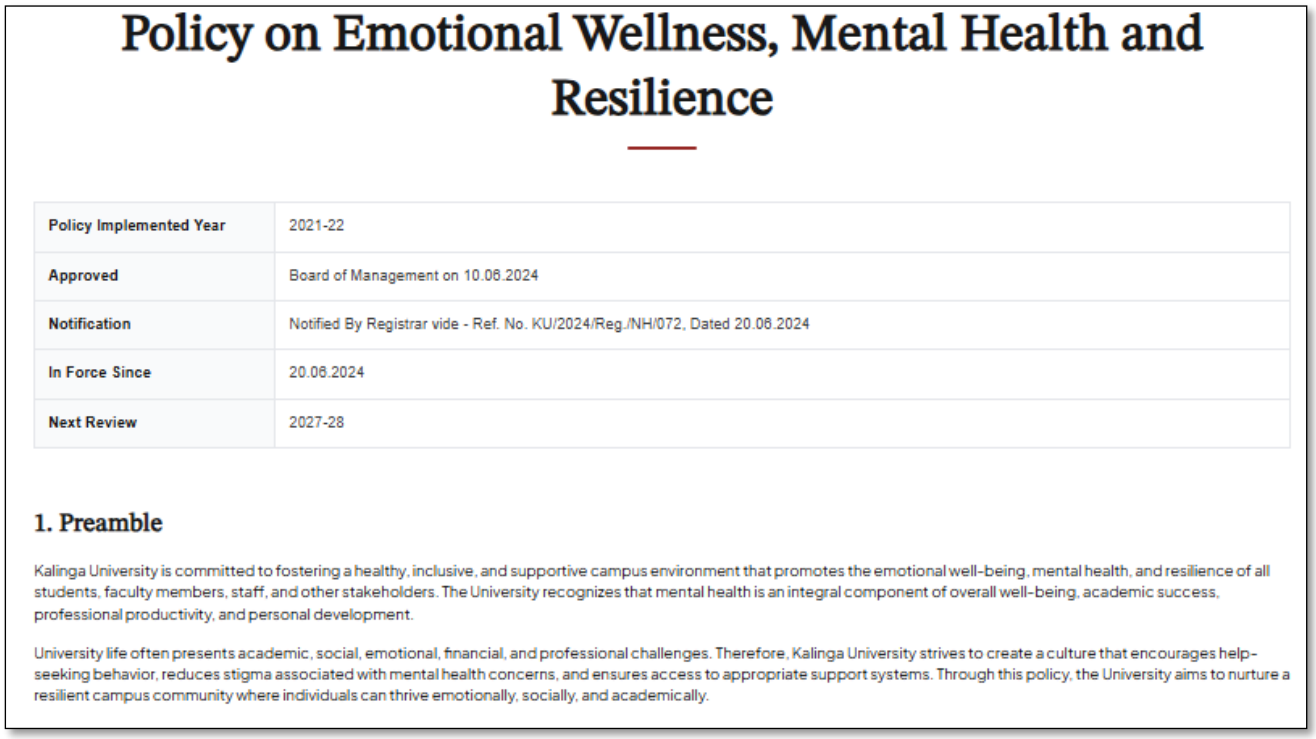
Kalinga University is committed to promoting the mental health, emotional well-being, and overall psychological wellness of its students. Recognizing that positive mental health is fundamental to academic success, personal growth, and holistic development, the University strives to create a supportive, inclusive, and compassionate campus environment where students feel safe, valued, and empowered.

The University provides a range of mental health support mechanisms through its **Mentor–Mentee Framework**, Student Counselling Cell, and various wellness initiatives. Faculty mentors regularly engage with students to understand their academic, emotional, and personal concerns, while trained counsellors offer confidential guidance and professional support to students experiencing stress, anxiety, emotional difficulties, or other mental health challenges.

Through awareness programs, workshops, counselling sessions, stress-management activities, and peer-support initiatives, the University encourages students to seek help without fear of stigma and promotes positive coping strategies, resilience, self-care, and healthy lifestyle practices. Special attention is given to the early identification of emotional distress and timely intervention through appropriate support services.

By fostering a culture of empathy, respect, inclusion, and psychological safety, Kalinga University aims to strengthen students' emotional resilience, enhance their overall well-being, and enable them to achieve their academic and personal potential in a healthy and supportive learning environment.

Policy on Emotional Wellness, Mental Health and Resilience



Policy on Emotional Wellness, Mental Health and Resilience

Policy Implemented Year	2021-22
Approved	Board of Management on 10.06.2024
Notification	Notified By Registrar vide - Ref. No. KU/2024/Reg./NH/072, Dated 20.06.2024
In Force Since	20.06.2024
Next Review	2027-28

1. Preamble

Kalinga University is committed to fostering a healthy, inclusive, and supportive campus environment that promotes the emotional well-being, mental health, and resilience of all students, faculty members, staff, and other stakeholders. The University recognizes that mental health is an integral component of overall well-being, academic success, professional productivity, and personal development.

University life often presents academic, social, emotional, financial, and professional challenges. Therefore, Kalinga University strives to create a culture that encourages help-seeking behavior, reduces stigma associated with mental health concerns, and ensures access to appropriate support systems. Through this policy, the University aims to nurture a resilient campus community where individuals can thrive emotionally, socially, and academically.

5. Mentor–Mentee Relationship

Under the Mentor–Mentee Framework of Kalinga University, students shall be assigned to designated faculty mentors who will serve as guides, facilitators, and support persons throughout their academic journey. The Mentor–Mentee relationship shall be founded on trust, mutual respect, empathy, confidentiality, and academic integrity, with the objective of promoting the holistic development, emotional well-being, mental health, resilience, and academic success of students.

Mentors shall regularly interact with their allotted mentees to monitor their academic progress, emotional wellness, behavioral concerns, and overall well-being. They shall provide guidance, encouragement, and psychosocial support, identify signs of stress, anxiety, emotional distress, or other mental health concerns at an early stage, and facilitate timely access to appropriate counselling, wellness, and support services available within or outside the University whenever necessary. Through continuous engagement and compassionate mentoring, the University seeks to create a supportive and psychologically safe environment that empowers students to develop resilience, maintain positive mental health, and achieve their full potential.

- Mentors shall foster a supportive, inclusive, and encouraging environment that promotes emotional wellness, personal growth, resilience, and academic success.
- Mentors shall demonstrate empathy, fairness, sensitivity, and non-judgmental behavior while interacting with mentees, particularly those facing emotional, psychological, academic, or personal challenges.
- Mentors shall maintain professional boundaries and uphold ethical standards while guiding, advising, and supporting mentees.
- Mentees shall communicate respectfully with mentors, actively participate in mentoring interactions, and seek guidance or support whenever required.
- Both mentors and mentees shall contribute to maintaining a psychologically safe, respectful, confidential, and inclusive mentoring environment.
- Mentors who identify signs of significant emotional distress, mental health concerns, or risk among mentees shall encourage timely help-seeking and refer the student to appropriate counselling, wellness, or support services available through the University.
- Mentors shall encourage resilience-building, stress-management practices, positive coping strategies, and healthy study–life balance among mentees.
- Mentoring interactions shall respect the privacy and confidentiality of mentees, except where disclosure is necessary to prevent harm or to comply with applicable University policies and legal requirements.

Objectives of the Mentor–Mentee Framework

1. **To provide academic guidance and support** to students for improving their learning outcomes, academic performance, and educational progression.
2. **To promote students' mental health, emotional well-being, and psychological resilience** by fostering a safe, supportive, and non-judgmental environment where they can openly discuss their concerns, seek guidance, access appropriate support services, and develop positive coping strategies for personal and academic challenges.
3. **To facilitate the holistic development of students** by nurturing their intellectual, personal, social, ethical, and professional growth.
4. **To identify academic, personal, behavioral, or emotional challenges at an early stage** and provide appropriate support or referral mechanisms.
5. **To strengthen student engagement and participation** in academic, co-curricular, extracurricular, and community-based activities.
6. **To encourage positive coping strategies, resilience, and stress-management skills** that help students effectively manage academic and personal pressures.
7. **To foster meaningful mentor–mentee relationships** based on trust, mutual respect, empathy, confidentiality, and open communication.
8. **To support career planning and professional development** by providing guidance on higher education, skill development, employability, and career opportunities.
9. **To enhance students' self-confidence, motivation, decision-making abilities, and leadership qualities** for personal and professional success.
10. **To create a safe, inclusive, and student-centric learning environment** that promotes mental wellness, academic excellence, personal growth, and overall well-being.



KALINGA UNIVERSITY

A

Report on

"Health & Wellness Through Ayurveda"

Related to SDG No.(s) 03

Organized by

Dr. A. Vijayanand
(Chief Proctor)

In Association with

Dr. Sandeep Tiwari
Principal of Pharmacy

On

Date: 07.03.2025

KALINGA UNIVERSITY

Title - Health & Wellness Through Ayurveda

Date: 07.03.2025

Time of event: 3:00 pm

Mode of event: offline

Venue: University Campus

Event Poster:

Details of Program:

In an initiative aimed at promoting holistic health and well-being, Kalinga University organized a medical awareness session titled "A Practical Session on Health & Wellness through Ayurveda" on 7th March 2025. This session was an effort to introduce students and faculty members to the timeless practices and benefits of Ayurveda — one of the world's oldest healthcare systems.

Resource Person:

KALINGA UNIVERSITY

A

Report

On

DST-SERB/ANRF Govt. of India

Sponsored

International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"

Organized by

"Faculty of Pharmacy, Kalinga University"

On

25th–26th March 2025

KALINGA UNIVERSITY

Title- Report on International Conference on "Emerging Perspectives and Future Trends in Pharmaceuticals and Allied Sciences for Global Health and Well-being"

Date: 25th -26th March 2025

Event Type: Hybrid Mode Conference

Venue: Kalinga University Auditorium

Event Poster:

DST-SERB/ANRF, GOVT. OF INDIA SPONSORED
INTERNATIONAL CONFERENCE
"EMERGING PERSPECTIVES AND FUTURE TRENDS IN PHARMACEUTICAL AND ALLIED SCIENCES FOR GLOBAL HEALTH AND WELL-BEING"
FACULTY OF PHARMACY

Objective of Program:

1. To provide a global platform for academicians, researchers, and industry professionals to share knowledge on advancements in pharmaceutical and allied sciences.
2. To explore emerging trends, innovations, and challenges impacting global health and well-being.

Event Reports Promoting Mental Health, Emotional Wellness and Well-Being

3.3.6 Smoke Free Policy

Kalinga University is firmly committed to fostering a healthy, safe, and environmentally sustainable campus environment through its comprehensive Smoke-Free and Tobacco-Free Campus Policy. Recognizing the significant health risks associated with tobacco consumption and exposure to second-hand smoke, the University strictly prohibits smoking and the use of all tobacco products within the entire campus premises.

The policy applies to all students, faculty members, staff, visitors, vendors, and other stakeholders and covers all academic blocks, administrative offices, hostels, libraries, laboratories, cafeterias, recreational areas, vehicles, and open spaces within the University campus. This initiative reflects the

University's dedication to safeguarding the physical and mental well-being of its community while promoting a culture of healthy living and responsible behavior. To ensure effective implementation of the policy, prominent “No Smoking” and “Tobacco-Free Campus” signages are displayed at strategic locations across the campus. Awareness campaigns, health education programs, orientation sessions, and community engagement activities are regularly organized to educate stakeholders about the harmful effects of tobacco use and the importance of adopting healthy lifestyles.

Through these sustained efforts, Kalinga University strives to create a clean, healthy, and supportive learning environment that encourages wellness, environmental responsibility, and respect for public health, thereby contributing to the holistic development of its students and the wider community.

Smoke-Free Campus Policy



Policy On Maintaining A Tobacco-Free And Smoke-Free Campus Environment

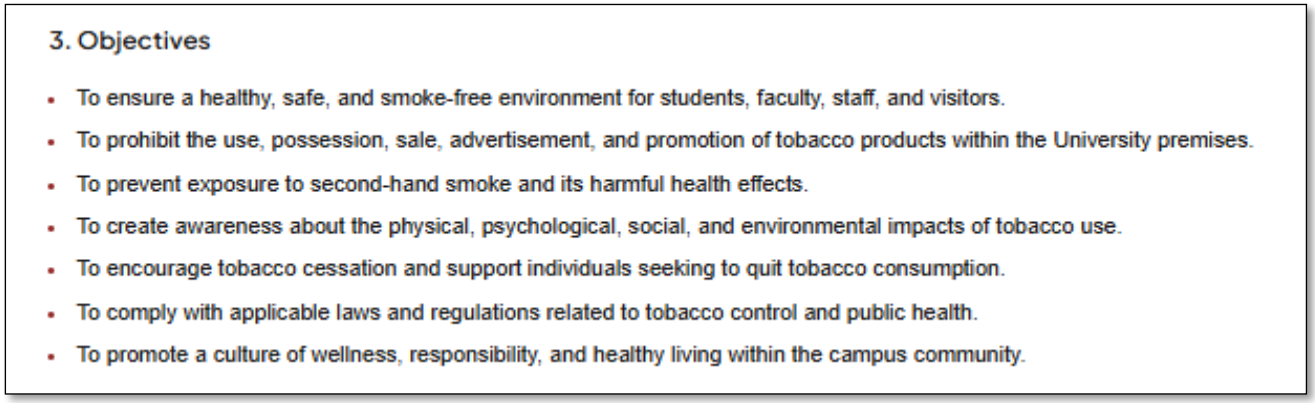
Policy Implemented Year	2018-19
Approved	Board of Management on 10.06.2024
Notification	Notified By Registrar vide - Ref. No. KU/2024/Reg./NH/071, Dated 20.06.2024
In Force Since	20.06.2024
Next Review	2027-28

1. Preamble

Kalinga University is committed to fostering a healthy, safe, and conducive learning and working environment for all students, faculty, staff, visitors, and stakeholders. Tobacco consumption and exposure to tobacco smoke pose significant health risks and adversely affect the well-being of individuals and the campus community. In alignment with national laws, public health guidelines, and the University's commitment to sustainable development and wellness, this Policy on Maintaining a Tobacco-Free and Smoke-Free Campus Environment is established to promote healthy lifestyles, prevent tobacco use, and ensure a clean and pollution-free campus.

2. Purpose

The purpose of this policy is to create and maintain a tobacco-free and smoke-free campus environment that protects the health and well-being of all members of the University community, discourages tobacco use, and promotes awareness regarding the harmful effects of tobacco consumption and passive smoking.



3. Objectives

- To ensure a healthy, safe, and smoke-free environment for students, faculty, staff, and visitors.
- To prohibit the use, possession, sale, advertisement, and promotion of tobacco products within the University premises.
- To prevent exposure to second-hand smoke and its harmful health effects.
- To create awareness about the physical, psychological, social, and environmental impacts of tobacco use.
- To encourage tobacco cessation and support individuals seeking to quit tobacco consumption.
- To comply with applicable laws and regulations related to tobacco control and public health.
- To promote a culture of wellness, responsibility, and healthy living within the campus community.

3.3.7. Mental Health Support for Staff-

Kalinga University recognizes that the mental health and well-being of its faculty and staff are essential for maintaining a productive, positive, and supportive work environment. The University is committed to fostering a workplace culture that promotes psychological well-being, emotional resilience, and work–life balance among all employees.

To support staff mental health, the University regularly organizes awareness programs, workshops, seminars, expert talks, and wellness sessions focusing on stress management, emotional intelligence, mindfulness, resilience building, burnout prevention, and healthy coping strategies. These initiatives aim to enhance awareness of mental health issues, reduce stigma associated with seeking help, and encourage open discussions about emotional and psychological well-being. Faculty and staff members are encouraged to seek guidance and support whenever needed through appropriate counselling and wellness support mechanisms. The University also promotes a culture of empathy, mutual respect, inclusiveness, and collaboration, ensuring that employees feel valued, heard, and supported in their professional environment.

Through continuous mental health awareness and support initiatives, Kalinga University strives to create a healthy and psychologically safe workplace where employees can effectively manage personal and professional challenges, maintain positive mental health, enhance job satisfaction, and contribute meaningfully to the University's mission of academic excellence and holistic development.

Kalinga University has established the Happiness Cell (Mental Health Wellness Centre) to promote the emotional, psychological, social, and behavioral well-being of students and staff members. The Centre serves as a dedicated support system that fosters a positive, inclusive, and mentally healthy campus environment where individuals can seek guidance, counselling, and assistance for personal and professional challenges.

The Happiness Cell addresses a wide range of concerns, including stress, anxiety, emotional distress, adjustment difficulties, interpersonal conflicts, behavioral issues, academic pressure, workplace challenges, and overall mental well-being. Through confidential counselling and guidance services, the Centre helps students and staff develop resilience, emotional balance, self-awareness, and healthy coping mechanisms to navigate everyday challenges effectively. To promote mental health awareness and reduce stigma associated with seeking help, the Happiness Cell regularly organizes workshops, awareness campaigns, motivational talks, wellness sessions, mindfulness practices, stress management programs, and interactive activities. These initiatives encourage positive mental health practices, emotional intelligence, healthy relationships, and a balanced lifestyle among members of the university community.

The Centre works collaboratively with faculty mentors, administrative departments, healthcare professionals, and student support services to identify individuals requiring additional care and provide timely interventions. Special emphasis is placed on preventive mental healthcare, early identification of concerns, and creating a supportive ecosystem that nurtures personal growth and overall well-being. Through its comprehensive mental health and wellness initiatives, the Happiness Cell contributes significantly to the University's commitment towards holistic development and the achievement of Sustainable Development Goal 3 (Good Health and Well-Being). By prioritizing emotional, social, and behavioral wellness, Kalinga University strives to ensure that every student and staff member thrives in a healthy, supportive, and compassionate academic environment.

Objectives of the Happiness Cell

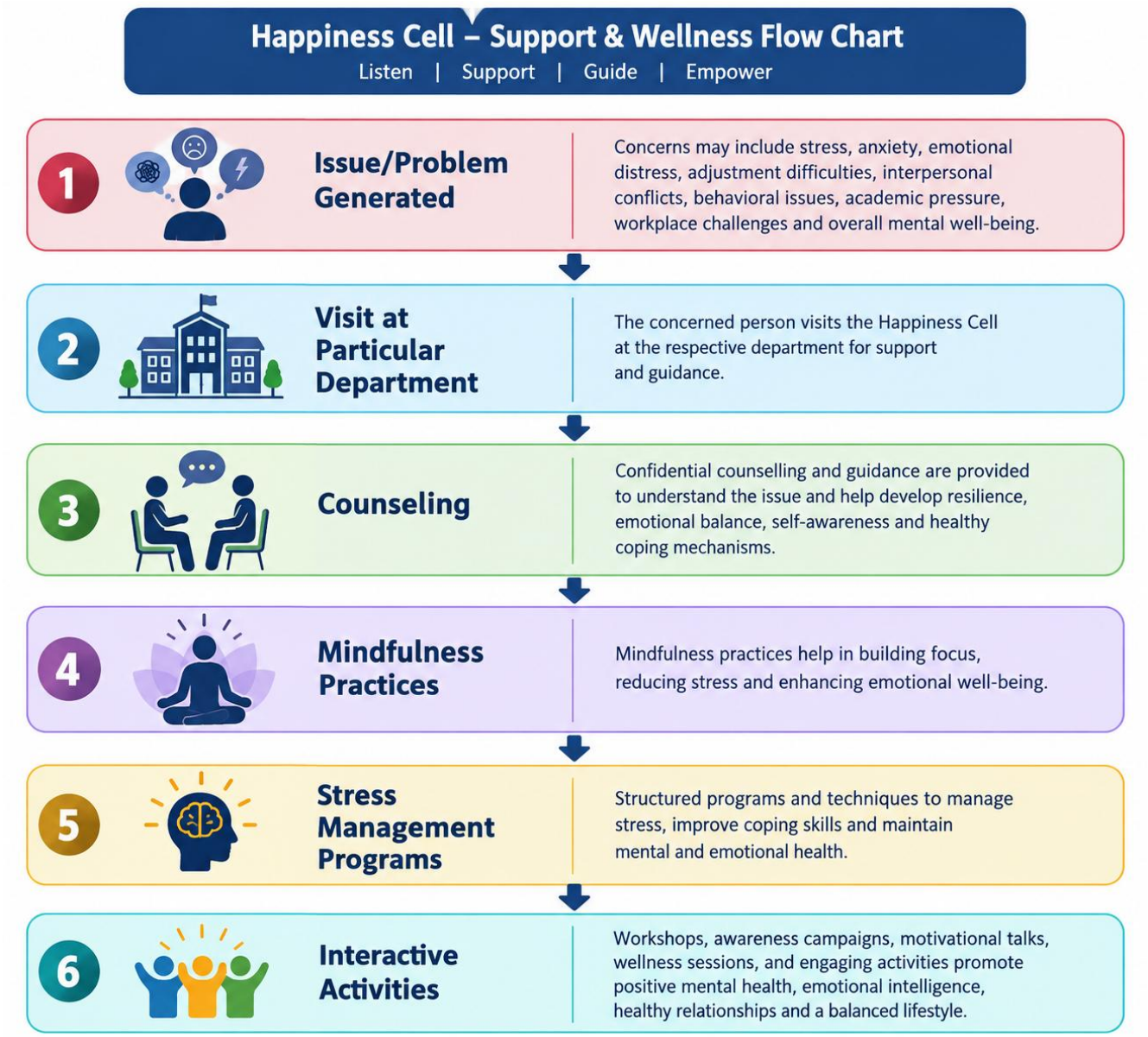
- To promote mental, emotional, and psychological well-being among students and staff members through supportive and preventive interventions.
- To provide a safe, confidential, and non-judgmental environment where individuals can seek counselling and guidance for personal, academic, social, and workplace concerns.
- To identify and address emotional, social, and behavioural issues at an early stage and facilitate timely support and intervention.
- To enhance awareness about mental health and emotional wellness through workshops, awareness campaigns, seminars, and interactive sessions.
- To help individuals develop resilience, self-confidence, and coping skills for managing stress, anxiety, academic pressure, and life challenges.
- To foster a positive, inclusive, and supportive campus culture that promotes empathy, mutual respect, and psychological safety.
- To reduce stigma associated with mental health concerns and encourage help-seeking behavior among students and staff.
- To promote healthy interpersonal relationships, emotional intelligence, and effective communication skills within the university community.
- To support the holistic development of students and staff by encouraging work-life balance, mindfulness, positive thinking, and overall well-being.
- To contribute to the achievement of Sustainable Development Goal (SDG) 3: Good Health and Well-Being by implementing initiatives that enhance mental health, happiness, and quality of life on campus.

Team of Qualified Counsellors

1. Dr. Babhuti Kashyap, Associate professor - Department of Psychology
2. Dr. L Jyoti Reddy, Assistant professor - Department of Psychology

3. Dr. Md. Shakil, (HoD) - Assistant professor - Department of Social Work
4. Dr. Manoj Mathew - Assistant professor - Department of Social Work
5. Dr. Greeshma Gopinath K - Assistant professor - Department of Social Work
6. Ms. Archana Nagwanshi - Assistant professor - Department of Social Work

Happiness Cell – Support & Wellness Flow Chart



Events:

Model/Poster Exhibition on World Mental Health Day

The Department of Social Work, Faculty of Arts and Humanities, Kalinga University, organized a **Model/Poster Exhibition** on the occasion of **World Mental Health Day** on **10th October 2025** from **9:30 AM to 1:30 PM** at **WBSF-01 (offline Mode).** The event aimed to raise awareness about mental health and promote student engagement through creative models and posters. ***A guest talk by Dr. A. P. Senthil Kumar,(Online) Associate Professor, Jigjiga University, Ethiopia,*** enriched the session with insights on mental well-being. ***The event aligned with UN SDGs 3, 4, 16, and 17,*** encouraging discussions on mental health, education, and sustainable partnerships for well-being. The same day the BA psychology students presented a street play on mental health in the same venue. All the faculties and students of the Department of Social Work participated in the event.



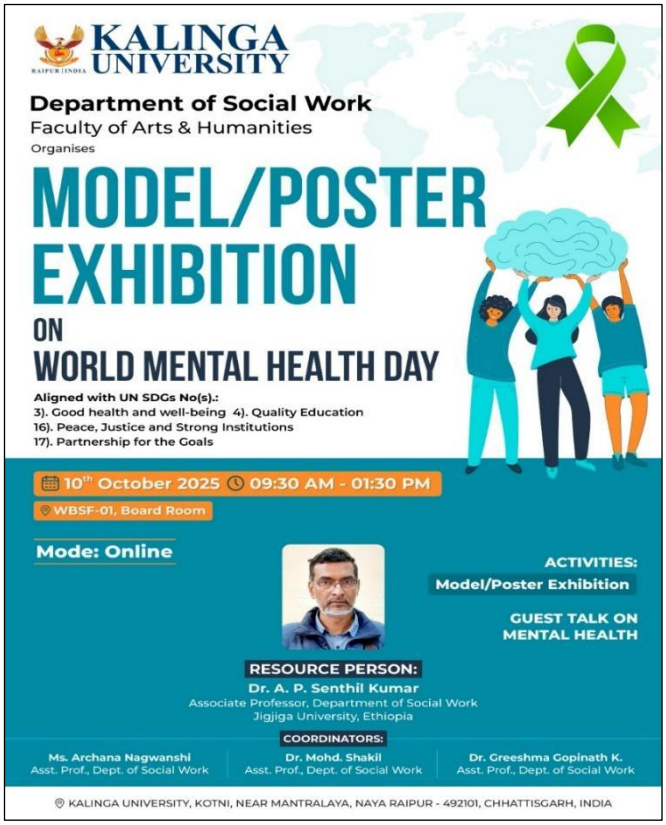


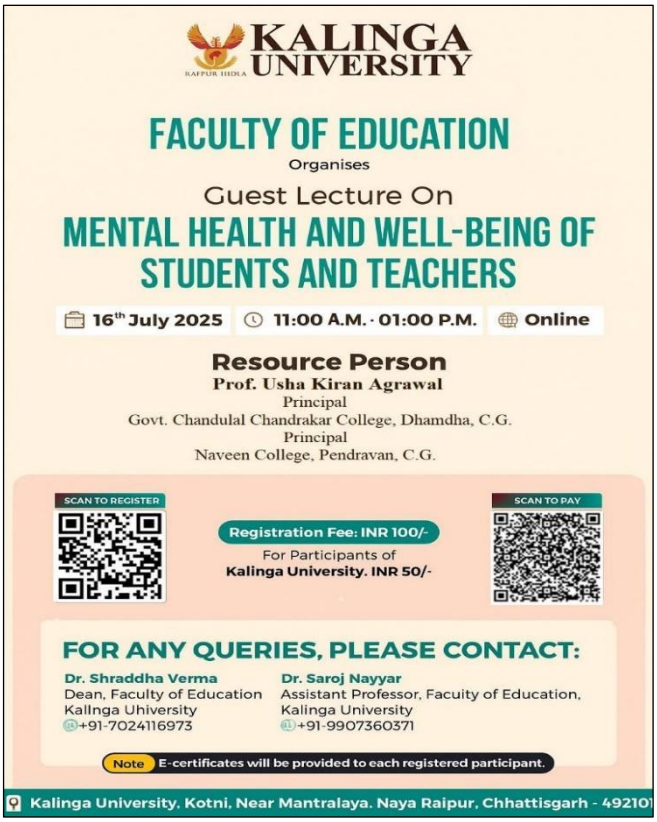

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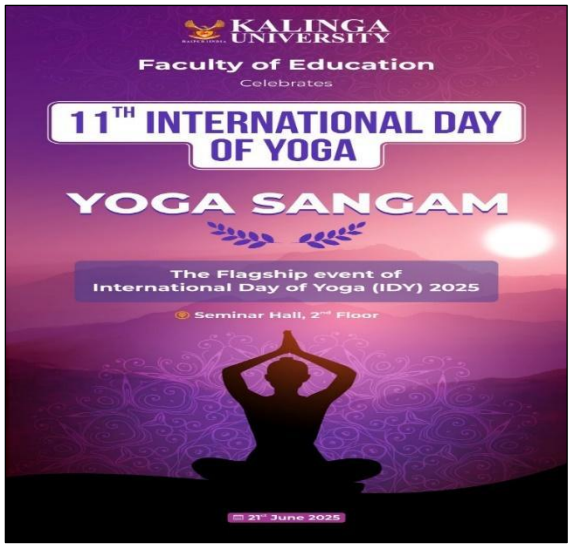
Glimpses of Model/Poster Exhibition on World Mental Health Day – Promoting Emotional Wellness and Psychological Well-Being

International Yoga Day 2025

International Yoga Day 2025 was celebrated with great enthusiasm at Kalinga University on **21 June 2025**, under the theme **"Yoga for One Earth, One Health."** Organized by the **Department of Education** with support from the **Chhattisgarh Yoga Aayog, Government of Chhattisgarh**, the programme highlighted the importance of yoga for physical, mental, and spiritual well-being. The event began with live streaming of the national celebration inaugurated by the Hon'ble Prime Minister of India, followed by an address by the Vice Chancellor emphasizing yoga's relevance to modern life and **SDG 3: Good Health and Well-Being**. A practical yoga session included *Om* chanting, warm-up exercises, yoga asanas, meditation, breathing techniques, and mindfulness. A **30-minute yoga protocol** was conducted in accordance with AYUSH Ministry guidelines, with live demonstrations by Education Department students and NSS volunteers. The programme recorded **81 registered participants and 100 attendees**, including faculty, staff, and NSS volunteers. Kalinga University's contribution was also acknowledged by the Ministry of AYUSH through the **"Yoga Sangam Patra" Certificate of Participation**.







International Yoga Day 2025 – Celebrating Yoga for One Earth, One Health

International Olympic Day - 2025

Kalinga University celebrated **International Olympic Day** on **23 June 2025** from **10:00 a.m. to 12:30 p.m.** at the **Recreation Hall**. The event was organized for hostel students to promote active participation in recreational sports and encourage the values of sportsmanship, discipline, strategic thinking, and healthy competition. The celebration featured indoor recreational competitions in **Carrom, Pool Table, and Chess**, with a total of **five students participating** enthusiastically. The activities provided students with an engaging platform to develop **strategic thinking, precision, concentration, decision-making skills, and sportsmanship** in a friendly competitive environment. The event was well received by the participants and successfully fostered a spirit of **camaraderie, teamwork, healthy competition, and active engagement** among the hostel students. The celebration highlighted the importance of sports and recreational activities in promoting holistic student development and a healthy campus lifestyle.







International Olympic Day Celebration promoting sportsmanship, healthy competition and recreational engagement among students