



Ref. No. KU/2024/Reg./NH/072

Dated 20.06.2024

OFFICE ORDER

Subject: Promotion of Emotional Wellness, Mental Health and Resilience at Kalinga University, Raipur

Kalinga University, Raipur is committed to fostering a supportive, inclusive, and healthy environment that promotes emotional wellness, mental health, and resilience among students, faculty, and staff. The University undertakes awareness programmes, counselling and support services, stress-management and mindfulness activities, peer mentoring, wellness initiatives, and sensitization programmes to encourage healthy coping mechanisms and early support. It promotes a safe, respectful, inclusive, and non-judgmental campus while ensuring dignity, privacy, and appropriate confidentiality for individuals seeking assistance.

All Faculties, Departments, Centres, Clubs, and administrative units shall extend necessary cooperation for effective implementation. Regular monitoring and review will strengthen these initiatives, contributing to SDG 3 – Good Health and Well-being through mental health promotion and preventive awareness.

Dr. Sandeep Gandhi

Registrar

**REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR (CHHATTISGARH)**
Copy to :

1. **Hon'ble Chairman** – For Kind Information
2. **Hon'ble Chancellor** – For Kind Information



KALINGA UNIVERSITY

Established under Chhattisgarh Private Universities (Establishment and Operation) Act, 2005

Kotni, Near Mantralaya, Naya Raipur, Chhattisgarh, INDIA – 492101
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3. Hon'ble Vice-Chancellor – For Kind Information - *for Ashu*
4. Hon'ble Director General – For Kind Information - *for Poochit*
5. DAA & COE – For Information. *Vi*
6. Director IQAC – For Information. *lyuji*
7. Director CCRC – For Information. *for Ataden*
8. Director Admission – For Information. *for*
9. Deputy Registrar & Head HR – For Information. *for (Jy)*
10. Chief Proctor – For Information. *for - B*
11. DSW – For Information. *for*
12. SDG Cell – For Information. *lyuji*
13. All Teaching & Non-Teaching Staff – For Information.
14. Research Cell – For Information *B*
15. Administrative Officer & Chief Warden/Hostel Wardens – For Information. *A.*
16. Admission Department – For Information. *for Dangan*
17. University Coordinator – For Information. *for ja*
18. Transport In-Charge – For Information. *for Dangan*

REGISTRAR
KALINGA UNIVERSITY
KOTNI, NEAR MANTRALAYA,
RAIPUR, CHHATTISGARH